Therapeutic Class Overview Ophthalmic Nonsteroidal Anti-Inflammatory Drugs

Therapeutic Class

• Overview/Summary: This review encompasses the ophthalmic nonsteroidal anti-inflammatory drugs (NSAIDs) bromfenac sodium (Bromday®, Prolensa®, Xibrom®), diclofenac sodium (Voltaren®), flurbiprofen sodium (Ocufen®), ketorolac tromethamine (Acular®, Acular LS®, Acuvail®) and nepafenac (Ilevro®, Nevanac®). These agents are indicated for use prevention of intraoperative miosis during cataract surgery, management of postoperative inflammation, the reduction of pain and discomfort following cataract and refractive surgery and prevention and treatment of cystoid macular edema following cataract surgery.¹ Ophthalmic NSAIDs exert their anti-inflammatory activity primarily by nonselective inhibition of cyclooxygenase-1 and cyclooxygenase-2 enzymes.⁵-¹⁵ Topical administration of anti-inflammatory agents for ocular conditions is preferred over systemic administration due to higher ocular drug concentrations with minimal systemic adverse events. ²-⁴

The American Academy of Ophthalmology and the American Optometric Association both recommend using ophthalmic NSAIDs for preventing and treating cystoid macular edema following cataract surgery. Neither organization recommends one ophthalmic NSAID over another. The most common adverse events associated with ophthalmic NSAIDs include conjunctival hyperemia, burning and stinging. Corneal ulceration and full-thickness corneal melts associated with the use of these agents is a serious complication. Ophthalmic NSAIDs were first reported to cause corneal melting in 1999. The majority of cases were related to the generic ophthalmic diclofenac sodium solution manufactured by Falcon Laboratories, and ultimately this product was removed from the market. There have been reports of corneal melts and keratitis associated with the use of other ophthalmic NSAIDs; however, available evidence does not alter the favorable benefit-risk ratio of the appropriate use of ophthalmic NSAIDs

Table 1. Current Medications Available in the Therapeutic Class²⁻¹²

Generic (Trade Name)	Food and Drug Administration Approved Indications	Dosage Form/Strength	Generic Availability
Bromfenac sodium ophthalmic (Bromday [®] *, Prolensa [®] , Xibrom [®] *)	Treatment of pain and inflammation associated with cataract surgery	Ophthalmic solution: 0.09% (1.7 mL, 2.5 mL, 5 mL) 0.07% (1.6 mL, 3 mL)	~
Diclofenac sodium ophthalmic (Voltaren®*)	Temporary relief of pain and photophobia in patients undergoing corneal refractive surgery; treatment of postoperative inflammation in patients undergone cataract extraction	Ophthalmic solution: 0.1% (2.5 mL, 5 mL)	•
Flurbiprofen sodium ophthalmic (Ocufen®*)	Inhibition of intraoperative miosis	Ophthalmic solution: 0.03% (2.5 mL)	>
Ketorolac tromethamine ophthalmic (Acular [®] * [†] , Acular LS [®] * [†] , Acuvail [®])	Reduction of ocular pain and burning/stinging following corneal refractive surgery (0.4%); temporary relief of ocular itching due to seasonal allergic conjunctivitis (0.5%); treatment of pain and inflammation associated with cataract surgery (0.45%, 0.5%)	Ophthalmic solution: 0.4% (5 mL) 0.45% (0.4 mL single-use vials in package of 30) 0.5% (5 mL)	•
Nepafenac ophthalmic (Ilevro [®] , Nevanac [®])	Treatment of pain and inflammation associated with cataract surgery	Ophthalmic suspension: 0.1% (3 mL) 0.3% (1.7 mL)	-

^{*}Generic available in one dosage form or strength.

[†] Ketorolac tromethamine 0.5 and 0.4% ophthalmic solutions are available generically.





Evidence-based Medicine

- The ophthalmic nonsteroidal anti-inflammatory drugs (NSAIDs) have been shown to be safe and effective in inhibiting intraoperative miosis, reducing postoperative inflammation and pain associated with cataract surgery, relieving pain and photophobia following corneal refractive surgery and relieving seasonal allergic conjunctivitis symptoms in placebo-controlled trials. Although not Food and Drug Administration (FDA)-approved, there is evidence to support the use of ophthalmic NSAIDs for preventing or treating cystoid macular edema and for reducing pain associated with various other refractive surgeries.
- The results of head-to-head trials comparing ophthalmic NSAIDs have not consistently demonstrated any one agent to be more efficacious than another for a given indication. 27-28,30,43,45,46,51,52,50
- With regard to safety, not one agent was consistently reported to be better tolerated than another across trials, although there is some evidence that the preservative-free products may be associated with less ocular irritation.40
- Corneal complications have been reported to occur with all of the agents in the class and the risk does not appear to be higher with one agent vs another.
- Consensus guidelines established by the American Academy of Ophthalmology and the American Optometric Association recommend the use of topical NSAIDs for preventing and treating cystoid macular edema due to cataract surgery. Available evidence suggests that ophthalmic NSAIDs either alone or in combination with ophthalmic corticosteroids are more effective than ophthalmic corticosteroids alone. The ophthalmic NSAIDs are not associated with an increase in intraocular pressure, which may occur with the use of corticosteroids. 17,18

Key Points within the Medication Class

- According to Current Clinical Guidelines: 56-61
 - The use of topical nonsteroidal anti-inflammatory drugs (NSAIDs) for preventing and treating cystoid macular edema due to cataract surgery is recommended.
- Other Key Facts:
 - Several formulations are available in generic formulations:¹⁴
 - Bromfenac 0.09%.
 - Diclofenac sodium.
 - Flurbiprofen sodium.
 - ketorolac tromethamine 0.5 and 0.4%.
 - Diclofenac sodium and ketorolac tromethamine 0.45% are the only ophthalmic NSAIDs that are formulated as preservative-free. 8,10
 - Nepafenac 0.3% and two formulations of bromfenac sodium (Bromday®, Prolensa®) are approved for once daily dosing.^{5,6}

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Therapeutic Class Review Ophthalmic Nonsteroidal Anti-Inflammatory Drugs

Overview/Summary

Ophthalmic nonsteroidal anti-inflammatory drugs (NSAIDs) play four principal roles in ophthalmic surgery, including the prevention of intraoperative miosis during cataract surgery, management of postoperative inflammation, the reduction of pain and discomfort following cataract and refractive surgery and prevention and treatment of cystoid macular edema following cataract surgery. Ocular inflammation is a manifestation of cellular and vascular response of the host tissue to injury. Siscue injury activates phospholipase A2, breaking down cell membrane phospholipids to arachidonic acid. Arachidonic acid enters the cyclooxygenase pathway resulting in the formation of prostaglandins and thromboxanes, or enters the lipoxygenase pathway resulting in the formation of eicosanoids. Prostaglandins are implicated in the pathogenesis of ocular inflammation. Prostaglandins cause vasodilation and increase vascular permeability resulting in increased aqueous humor protein concentration. They also act on intraocular pressure (IOP) and iris smooth muscle causing miosis.

The pharmacological management of ocular inflammation involves the administration of anti-inflammatory medications. Topical administration of anti-inflammatory agents for ocular conditions is preferred over systemic administration due to higher ocular drug concentrations with minimal systemic adverse events. Ophthalmic NSAIDs and corticosteroids are two medication classes used to control and treat ocular inflammation. Ophthalmic corticosteroids have been used in the management of ocular inflammation; however, they are associated with an elevation of IOP and facilitation of ocular infections. Ophthalmic NSAIDs exert their anti-inflammatory activity primarily by nonselective inhibition of cyclooxygenase-1 and cyclooxygenase-2 enzymes. 5-15

The available ophthalmic NSAIDs include bromfenac sodium (Bromday®, Prolensa®, Xibrom®), diclofenac sodium (Voltaren®), flurbiprofen sodium (Ocufen®), ketorolac tromethamine (Acular®, Acular LS®, Acuvail®) and nepafenac (Ilevro®, Nevanac®). 5-14 Ophthalmic nepafenac 0.3% is approved for once daily dosing. Ophthalmic bromfenac sodium (Bromday®, Prolensa®) are the only other products approved for once daily dosing. Bromday® has the same strength (0.09%) and indication as Xibrom®, while Prolensa® is available in a lower strength (0.07%), but also carries the same indication for postoperative inflammation following cataract surgery as Bromday® and Xibrom®. Xibrom® was discontinued in February 2011; however, a generic formulation was is available. 5,6,7,16 Ophthalmic formulations of diclofenac sodium, flurbiprofen sodium, ketorolac tromethamine 0.5 and 0.4% are also available generically. Diclofenac sodium and ketorolac tromethamine 0.45% are the only ophthalmic NSAIDs that are formulated as preservative-free. 5-14

The American Academy of Ophthalmology and the American Optometric Association both recommend using ophthalmic NSAIDs for preventing and treating cystoid macular edema following cataract surgery. Neither organization recommends one ophthalmic NSAID over another. The most common adverse events associated with ophthalmic NSAIDs include conjunctival hyperemia, burning and stinging. Corneal ulceration and full-thickness corneal melts associated with the use of these agents is a serious complication. Ophthalmic NSAIDs were first reported to cause corneal melting in 1999. The majority of cases were related to the generic ophthalmic diclofenac sodium solution manufactured by Falcon Laboratories, and ultimately this product was removed from the market. There have been reports of corneal melts and keratitis associated with the use of other ophthalmic NSAIDs; however, available evidence does not alter the favorable benefit-risk ratio of the appropriate use of ophthalmic NSAIDs.





Medications

Table 1. Medications Included Within Class Review

Generic Name (Trade name)	Medication Class	Generic Availability
Bromfenac sodium ophthalmic (Bromday [®] *, Prolensa [®] , Xibrom [®] *)	Nonsteroidal anti-inflammatory drugs	>
Diclofenac sodium ophthalmic (Voltaren®*)	Nonsteroidal anti-inflammatory drugs	~
Flurbiprofen sodium ophthalmic (Ocufen®*)	Nonsteroidal anti-inflammatory drugs	>
Ketorolac tromethamine ophthalmic (Acular [®] * [†] , Acular LS [®] * [†] , Acuvail [®])	Nonsteroidal anti-inflammatory drugs	>
Nepafenac ophthalmic (llevro®, Nevanac®)	Nonsteroidal anti-inflammatory drugs	-

^{*}Generic available in one dosage form or strength.

Indications

Table 2. Food and Drug Administration-Approved Indications⁵⁻¹⁴

Indication	Bromfenac Sodium	Diclofenac Sodium	Flurbiprofen Sodium	Ketorolac Tromethamine	Nepafenac
Inhibition of intraoperative miosis			•		
Reduction of ocular pain and burning/stinging following corneal refractive surgery				(0.4%)	
Temporary relief of pain and photophobia in patients undergoing corneal refractive surgery		•			
Temporary relief of ocular itching due to seasonal allergic conjunctivitis				(0.5%)	
Treatment of pain and inflammation associated with cataract surgery	•			(0.45%, 0.5%)	•
Treatment of postoperative inflammation in patients who have undergone cataract extraction		•			

In addition to their respective Food and Drug Administration-approved indications, these agents are used off-label for the treatment and prevention of cystoid macular edema following cataract surgery. ¹⁵

Pharmacokinetics

Due to the topical nature of ophthalmic nonsteroidal anti-inflammatory drugs, limited systemic absorption occurs. After topical instillation, systemic plasma concentration levels of bromfenac sodium and diclofenac sodium remain below the limit of quantification. Systemic absorption of ophthalmic ketorolac 0.4 and 0.45% has not been assessed in humans; however, ophthalmic ketorolac tromethamine 0.5% has been shown to achieve limited systemic plasma concentration. Nepafenac and amfenac steady-state concentrations of 0.310±0.104 and 0.422±0.121 ng/mL respectively, have been observed in majority of patients, two and three hours after ocular administration. ⁵⁻¹⁴





[†] Ketorolac tromethamine 0.5 and 0.4% ophthalmic solutions are available generically.

Clinical Trials

Clinical trials demonstrating the safety and efficacy of the ophthalmic nonsteroidal anti-inflammatory drugs (NSAIDs) in their respective Food and Drug Administration (FDA)-approved indications are described in Table 3. 19-57

The approval of once-daily ophthalmic bromfenac 0.09% (Bromday®) was based on two, randomized, double-blind, placebo-controlled studies in patients requiring cataract surgery. Patients were assigned to receive ophthalmic bromfenac or vehicle (placebo) dosed as one drop per eye starting the day before surgery and continuing for 14 days. The primary endpoint was clearing of ocular inflammation by day 15. The secondary endpoint was the number of patients who were pain-free on day one following cataract surgery. In both studies, once-daily ophthalmic bromfenac was significantly more effective than placebo for clearing inflammation by day 15 (46.1 vs 26.2% and 51.1 vs 27.4% in trials one and two, respectively; P<0.0001 for both comparisons). A significantly higher proportion of patients treated with ophthalmic bromfenac were pain-free on day one following surgery compared to patients treated with placebo (87.0 vs 64.7% and 84.0 vs 67.0% in trials one and two, respectively; P<0.0001 for both comparisons). 19,21 In a study by Donnenfeld et al, a significantly higher proportion of patients randomized to receive ophthalmic bromfenac were cleared of ocular inflammation at day 15 following cataract surgery compared to patients randomized to receive placebo (64.0 vs 43.3%; P<0.0001). The approval of another once-daily ophthalmic bromfenac 0.07% (Prolensa®) was based on two unpublished multi-center, randomized, double-masked, parallel group and placebo (vehicle)-controlled studies. Patients undergoing cataract surgery self-administered bromfenac 0.07% or vehicle once daily, beginning one day prior to surgery, continuing on the morning of surgery and for 14 days after surgery. The primary efficacy endpoint was the proportion of subjects who had complete clearance of ocular inflammation by day 15. In both assessments, complete clearance was observed at a significantly higher proportion of patients in the bromfenac 0.07% group compared to the vehicle at day eight (24.1 vs 6.5%; difference, 17.6%; 95% CI, 8.4 to 26.8 and 30.0 vs 12.7%; difference; 17.3%, 95% CI, 6.7 to 27.9 in trials one and two, respectively). At day 15 inflammation clearance was also significantly higher with bromfenac 0.07% as compared to the vehicle (45.5 vs 13.0%; difference, 32.5%; 95% CI, 21.4 to 43.8 and 45.5 vs 27.3%; difference, 18.2%; 95% CI, 5.7 to 30.7 in trials one and two, respectively). The proportion of patients pain free with bromfenac 0.07% was 81.3 vs 43.5%; difference, 37.7%; 95% CI, 25.9 to 49.6 in the first trial and 76.4 vs 55.5%; difference, 20.9%; 95% CI, 8.7 to 33.1 in the second trial.

The FDA approval of ophthalmic nepafenac was based on two published, randomized, double-blind, placebo-controlled studies. 23,24 Results of a trial by Lane et al (N=476) demonstrated that a greater number of patients receiving ophthalmic nepafenac 0.1% had an elimination of ocular inflammation compared to patients receiving placebo (P<0.0001). No treatment-related ocular adverse events occurred in either treatment group. In another study by Maxwell et al (N=212), ophthalmic nepafenac 0.1% dosed once daily, twice daily and three times daily for 14 days following cataract surgery significantly reduced the percent of treatment failures, demonstrating effectiveness in resolving ocular inflammation, compared to placebo (*P*≤0.0029 for all).²⁴ Fewer patients in the ophthalmic nepafenac 0.1% group experienced adverse events compared to the placebo group. Ophthalmic nepafenac 0.1% was compared to ophthalmic ketorolac 0.4% in combination with different antibiotics (gatifloxacin vs moxifloxacin) and different dosage strengths of ophthalmic prednisolone (1.0 vs 0.125%) following cataract surgery. No differences between the two treatment groups in terms of visual acuity, anterior chamber inflammation or subjective eye complaints were reported. Patients treated with ophthalmic ketorolac 0.4% reported significantly greater patient satisfaction, patient compliance and postoperative pain control compared to patients receiving ophthalmic nepafenac 0.1% (P=0.022, P=0.023 and P=0.025, respectively). Ophthalmic nepafenac 0.1% was associated with a higher incidence of posterior capsule opacification compared to ophthalmic ketorolac 0.4% (P=0.019). 28

Ophthalmic diclofenac 0.1% and ophthalmic ketorolac 0.5% instilled four times daily, beginning on the first postoperative day following cataract extraction demonstrated similar anti-inflammatory effects at three postoperative visits and were equally tolerated.²⁶ In a trial by Koçak et al, ophthalmic diclofenac 0.1% and ophthalmic flurbiprofen 0.03% were not significantly different with regard to conjunctival hyperemia, corneal surface changes, intraocular pressure (IOP) or anterior chamber inflammation.²⁵





Ophthalmic ketorolac 0.4 and 0.5% were compared in 40 patients undergoing phacoemulsification and intraocular lens implantation. There were no significant differences between the two groups for best-corrected visual acuity, IOP, slit-lamp assessment of cells or cell/flare measured using the laser cell/flare meter. More patients treated with ophthalmic ketorolac 0.5% reported ophthalmic symptoms (foreign body sensation, burning or stinging) one day postoperatively compared to the 0.4% group (P=0.03); however, there were no differences at one week or one month (P values not reported). No adverse events were reported in either treatment group.

Ophthalmic diclofenac 0.1% was compared to ophthalmic prednisolone 1% and ophthalmic dexamethasone 0.1% with no statistically significant differences being reported at any observation time in terms of postoperative inflammatory reaction between treatments. There was a statistically significant mean decrease from baseline in IOP at week one and month one in the ophthalmic diclofenac 0.1% group compared to the ophthalmic prednisolone 1% group (P=0.007).³² At one month, the IOP was higher in the ophthalmic dexamethasone 0.1% group than in the ophthalmic diclofenac 0.1% group (P<0.05). Ophthalmic ketorolac 0.5% has been compared to ophthalmic formulations of loteprednol 0.5%, rimexolone 1%, prednisolone 1% and fluorometholone in several clinical trials. 35-40,42 Overall, no significant differences were reported between the treatment groups in measurements of postoperative inflammation or IOP. In a study by Hirneiss et al, there was a difference in overall aqueous flare in the anterior chamber between the treatment groups, lowest being in the ophthalmic ketorolac 0.5% group, followed by the ophthalmic prednisolone 1% and rimexolone 1% groups (P=0.008).41 Ophthalmic ketorolac 0.5% was associated with a significantly higher IOP value compared to ophthalmic rimexolone 1% and ophthalmic prednisolone 1% (P=0.030 for overall group difference). Patients complained of stinging and itching associated with the application of drops more in the ophthalmic ketorolac 0.5% group than the ophthalmic rimexolone 1% group. Patient comfort was highest with ophthalmic prednisolone 1% (P=0.041 for overall group difference).⁴¹

Ophthalmic ketorolac 0.5% has been compared to ophthalmic diclofenac 0.1% for efficacy in relieving corneal pain following refractive surgery. As,44 Results of a trial by Narvaez et al demonstrated that both treatment groups were effective in relieving ocular pain with no significant differences in pain relief or stinging on instillation between the treatment groups (P=0.29). In another trial, ophthalmic diclofenac 0.1% was more effective than ophthalmic ketorolac 0.5% in corneal sensitivity assessment after controlling for the effects of time (P<0.01). There was no difference in burning sensation between the groups (P=0.12).

None of the available ophthalmic NSAIDs have been FDA-approved for either the prevention or treatment of cystoid macular edema. A number of placebo-controlled and ophthalmic corticosteroid comparator trials evaluating the use of ophthalmic NSAIDs in cystoid macular edema have been conducted. There are no substantive differences with ophthalmic NSAIDS compared to each other or to ophthalmic corticosteroids in the prevention or treatment of cystoid macular edema.

Several trials have demonstrated the efficacy of ophthalmic NSAIDs including flurbiprofen 0.03%, ketorolac 0.5% and diclofenac 0.1% in preventing intraoperative miosis during cataract surgery. ⁵¹⁻⁵³ A number of active comparator studies have demonstrated similar efficacy between the agents in preventing intraoperative miosis.

Ophthalmic ketorolac 0.5% was compared to ophthalmic diclofenac 0.1% in 60 patients for 14 days, with no significant differences reported between the treatments for the individual parameters of itching and bulbar conjunctival injection. Ophthalmic ketorolac 0.5% and ophthalmic olopatadine 0.1% were compared in a randomized controlled trial (N=40). Ocular itching and hyperemia were significantly improved in both the treatment groups (P<0.05). Itching scores were significantly lower in the ophthalmic olopatadine 0.1% group on days two, seven and 15 compared to ophthalmic ketorolac 0.5% (P=0.018, P=0.007 and P=0.036, respectively).





Table 3. Clinical Trials

Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
Cataract Surgery		•		
Silverstein et al ¹⁹ Bromfenac 0.09% one drop in the affected eye QD vs vehicle one drop in the affected eye QD Dosing began one day before surgery (day one), continued on the day of cataract surgery (day zero) and for 14 days following cataract surgery (days one to 14).	2 DB, MC, PC, PG, RCT Patients ≥18 years of age who were only scheduled for unilateral cataract surgery with posterior chamber IOL implantation and best-corrected visual acuity of ≥20/200 in the non-study eye	N=455 15 days	Primary: Proportion of patients with cleared ocular inflammation and the absence of anterior chamber cell or flare (SOIS grade of zero) by day 15 Secondary: Proportion of patients who had no ocular pain by the subject-reported OCGA (score of zero) at day one and adverse events	Primary: The proportion of patients with cleared ocular inflammation by day 15 was significantly higher in patients treated with bromfenac compared to patients treated with placebo (46.1 vs 26.2%; <i>P</i> <0.0001). Significant differences in ocular inflammation between treatment groups occurred as early as day eight of treatment, but not at days one (<i>P</i> =0.81) or three (<i>P</i> =0.60). Secondary: The proportion of patients who were free of ocular pain one day following surgery was significantly higher in the bromfenac group compared to the placebo group (87.0 vs 64.7%, <i>P</i> <0.0001). For patients who reported ocular pain at day one, the median time to pain resolution was twice as fast in the bromfenac group compared to the placebo group (two vs four days; <i>P</i> value not reported). Fewer adverse events occurred in the bromfenac group in trial one (27.4 vs 42.5%) and trial two (46.9 vs 59.7%) compared to the placebo group. In trial one, the most common adverse events in the bromfenac and placebo groups, respectively, were eye inflammation (5.5 vs 13.7%), eye pain (2.7 vs 6.8%) and foreign body sensation (1.4% for both). In trial two, the most common adverse events in the bromfenac and placebo groups, respectively, were foreign body sensation (12.2 vs 13.9%), eye inflammation (10.2 vs 14.6%), vision blurred (10.2 vs 7.6%) and eye pain (8.8 vs 23.6%). Discontinuation due to an adverse event was significantly lower in the bromfenac group compared to the placebo group (5.7 vs 16%; <i>P</i> =0.0004).
Donnenfeld et al ²⁰ Bromfenac 0.09% one drop in the affected eye(s) BID for 14 days	2 DB, MC, PC, PG, RCT Patients ≥18 years of age with uncomplicated	N=527 29 days	Primary: Proportion of patients with cleared ocular inflammation (determined by anterior chamber cells and a flare grade,	Primary: A significantly greater proportion of patients achieved complete clearance of ocular inflammation at day 15 following treatment with bromfenac compared to treatment with placebo (64.0 vs 43.3%; <i>P</i> <0.0001).
vs	unicomplicated unilateral cataract		summed ocular	Secondary:





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
vehicle one drop in the affected eye(s) BID for 14 days	surgery (phaco- emulsification or extracapsular cataract extraction)		inflammation score of zero in the study eye) on study day 15	There was a statistically significant difference in the outcome of cleared ocular inflammation for patients receiving bromfenac compared to patients receiving placebo (<i>P</i> <0.0001).
Treatment was administered starting 16 to 32 hours following surgery.	with posterior chamber IOL implantation and summed ocular		Secondary: Proportion of patients with summed ocular inflammation score	Significantly more protocol-compliant patients treated with bromfenac experienced cleared ocular inflammation compared to patients treated with placebo (89.4 vs 80.3%; <i>P</i> =0.038).
	inflammation score ≥3, 16 to 32 hours following cataract extraction		of zero, proportion of protocol-compliant patients with summed ocular inflammation score of zero, evaluation of	There was a significant greater proportion of patients with a marked improvement in ocular inflammation (summed ocular inflammation score ≤1) in the bromfenac group compared to the placebo group (85.1 vs 52.6%; <i>P</i> <0.0001).
			primary efficacy outcome at each study visit, marked improvement (summed ocular	The median time to resolution of ocular pain following cataract surgery was two days for bromfenac compared to five days with placebo (<i>P</i> <0.0001).
			inflammation score ≤1) in ocular inflammation at each study visit, mean cells and flare at each visit, time to resolution of ocular pain and	Eye irritation including burning and stinging was reported in fewer patients receiving bromfenac compared to patients receiving placebo (2.5 vs 4.7%), as was photophobia (2.0 vs 11.1%). There were no serious adverse events reported in either of the two treatment groups.
			proportion pain free, and photophobia while on bromfenac or placebo alone before administration of rescue medication adverse events and tolerability	
Henderson et al ²¹	DB, MC, PC, RCT (Pooled analysis of	N=1149	Primary: Proportion of patients	Primary: The proportion of patients with cleared ocular inflammation by day 15
Bromfenac 0.09% one drop in the affected eye QD	4 trials) Patients ≥18 years	15 days	with cleared ocular inflammation, the absence of anterior	was significantly greater in the bromfenac group compared to the placebo group (51.1 vs 27.4%; <i>P</i> <0.0001). In addition, patients treated with bromfenac had a lower mean SOIS score at days three, eight, 15
	of age who were		chamber cell or flare	and 22 compared to patients treated with placebo (<i>P</i> <0.0001).





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
bromfenac 0.18% one drop in the affected eye QD (data not reported for this dose) vs vehicle one drop in the affected eye QD Dosing began one day before surgery (day one), continued on the day of cataract surgery (day zero) and for 14 days following cataract surgery (days one to 14).	only scheduled for unilateral cataract surgery with posterior chamber IOL implantation and best-corrected visual acuity of ≥20/200 in the non-study eye		(SOIS grade of zero) by day 15 Secondary: Proportion of patients who had no ocular pain by the subject-reported OCGA (score of zero) at day one and adverse events	Secondary: On day one, the proportion of patients who were pain-free was significantly greater in the bromfenac group compared to the placebo group (84 vs 67%; <i>P</i> <0.0001). More patients treated with bromfenac continued to be pain-free at days three, eight and 15 compared to patients treated with placebo (91 to 96% vs 67 to 71%, respectively; <i>P</i> values not reported). Patients treated with bromfenac experienced significantly fewer adverse events compared to patients receiving placebo (35.1 vs 55.0%; <i>P</i> <0.0001). In the bromfenac and placebo groups, respectively, the most common adverse events were eye inflammation (11.8 vs 13.9%), conjunctival hyperemia (8.5 vs 3.7%), eye pain (8.2 vs 14.5%) and foreign body sensation (8.2 vs 8.0%) The proportion of patients discontinuing treatment due to adverse events was significantly higher in the placebo group compared to the bromfenac group (16.2 vs 5.2%; <i>P</i> <0.0001). By day 15, discontinuation rates due to lack of efficacy remained higher in the placebo group compared to the bromfenac group (32.7 vs 2.9%; <i>P</i> <0.0001).
Donnenfeld et al ²² Ketorolac 0.45% one drop in affected eye(s) BID on the day prior to surgery, on the day of surgery and for 14 days following surgery vs vehicle one drop in affected eye(s) BID on the day prior to surgery, on the day of surgery and for 14 days following surgery	2 DB, MC, PC, RCT Patients with cataracts who were scheduled to undergo unilateral phacoemulsification with implantation of a posterior chamber IOL	N=511 16 days	Primary: Proportion of patients with cleared ocular inflammation and the absence of anterior chamber cell or flare (SOIS grade of zero) by day 14 Secondary: Proportion of patients pain-free on postoperative day one, time to postoperative ocular pain resolution,	Primary: By day 14, the proportion of patients with cleared ocular inflammation was significantly greater in patients treated with ketorolac compared to patients receiving placebo (52.5 vs 26.5%; <i>P</i> <0.001). Secondary: On day one, significantly more patients treated with ketorolac had a no postoperative pain compared to patients receiving placebo (72.4 vs 39.7%; <i>P</i> <0.001). The median time to the resolution of postoperative ocular pain was one day for the ketorolac group compared to two days for the placebo group (<i>P</i> <0.001). The proportion of patients who completed the study without using





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
On the day of surgery, patients had a total of six drops of study medication; one drop on awakening, three drops each 20 minutes apart, starting two hours prior to surgery, one drop before discharge, and one drop 12 hours after the first dose in the morning.			proportion of patients completing the study without using any additional medications for inflammation or pain, treatment failure rate, pupil size after irrigation and aspiration	additional medications for inflammation or pain was significantly greater with ketorolac compared to placebo (81.2 vs 57.1%; <i>P</i> =0.001). The rate of treatment failure was significantly greater in patients treated with placebo compared to patients treated with ketorolac on days three, seven and 14 (<i>P</i> ≤0.001 for all). There was no statistically significant difference between the treatments with regard to pupil size after irrigation and aspiration (<i>P</i> =0.441).
Lane et al ²³ Nepafenac 0.1% one drop in the affected eye(s) TID one day prior to surgery, continuing on the day of surgery and for 14 days vs vehicle one drop in the affected eye(s) TID one day prior to surgery, continuing on the day of surgery and for 14 days Each patient also received one drop of their respective study medication 30 to 120 minutes prior to surgery and moxifloxacin TID for one to two days	DB, MC, PC, RCT Patients ≥18 years of age scheduled to undergo cataract extraction surgery with posterior chamber IOL implantation	N=476 16 days	Primary: Proportion of patients cured of ocular inflammation at day 14 (aqueous cells score and aqueous flare score of zero) Secondary: Comparison of cure rates by visit, proportion of patients pain-free at all visits, aqueous cells, flare and cells and flare scores	Primary: Significantly more patients treated with nepafenac were cured of ocular inflammation at day 14 compared to patients treated with placebo (62.6 vs 17.2%; P<0.0001). Secondary: Nepafenac resulted in a higher percentage of cures at all visits as compared to vehicle (P≤0.005). A greater proportion of patients in the nepafenac group were pain-free at all visits compared to placebo (P<0.0001 for all). Throughout the study, most nepafenac-treated patients were pain-free (83.1 to 93.0%) compared to less than half the vehicle-treated patients (41.6 to 46.4%). Patients treated with nepafenac experienced significantly lower mean aqueous cells scores, mean aqueous flare scores, mean aqueous cells and flare scores at all visits compared to placebo (P<0.0001 for all). No clinically relevant changes from baseline in visual acuity, ocular signs (corneal edema, bulbar conjunctival injection and chemosis), IOP or dilated fundus parameters (retina, macula, choroid, and optic nerve) were observed in either group.





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
week postoperatively.				observed in the placebo group (P values not reported).
Maxwell et al ²⁴ Nepafenac 0.1% one drop in the affected eye(s) QD, BID or TID beginning one day prior to surgery, continuing on the day of surgery and for 14 days vs	DB, MC, PC, PRO, RCT Patients ≥18 years of age scheduled to undergo cataract extraction by phacoemulsification followed by posterior chamber IOL implantation	N=212 16 days	Primary: Proportion of treatment failures (≥16 aqueous cells, aqueous flare rated as severe, or ocular pain score rated as moderately severe or severe) through postoperative day 14, best-corrected visual acuity, ocular signs, IOP, surgically related	Primary: Nepafenac administered QD, BID or TID was associated with a significantly lower incidence treatment failure through day 14 compared to placebo (<i>P</i> ≤0.0020 for all). Treatment failure rates for nepafenac QD, BID, TID were 25.0, 30.0 and 19.6%, respectively, compared to 60.3% with placebo. All nepafenac treatment groups experienced significantly lower incidences of treatment failure, compared to vehicle on days seven and 14 (<i>P</i> ≤0.0029 and <i>P</i> ≤0.0009, respectively). Patients receiving nepafenac TID experienced a significantly lower incidence of treatment failure by day three compared to patients receiving placebo (<i>P</i> ≤0.0080).
affected eye(s) QD, BID or TID beginning one day prior to surgery, continuing on the day of surgery and for 14 days			expected conditions, abnormalities during dilated fundus examinations of retina, macula, choroid and optic nerve	Placebo-treated patients (40.7%) experienced a greater frequency of adverse events compared to patients receiving nepafenac QD, BID or TID (32.0, 24.5 and 25.9%, respectively). No serious ocular adverse events occurred during the study.
Each patient also received one drop of their respective study medication 30 to 120 minutes prior to surgery and topical antibiotic therapy for one week following surgery per investigator's standard of care.			Secondary: Cumulative proportion of treatment failures at each postoperative visit, proportion of patients with no ocular pain and inflammation by visit	Secondary: Nepafenac treatment significantly increased the proportion of patients with resolved ocular inflammation beginning on day one with TID dosing (<i>P</i> ≤0.0208) and day three with QD dosing (<i>P</i> ≤0.0483) compared to placebo. All nepafenac groups had significantly lower proportions of treatment failures at postoperative days three through 14 compared to the placebo group (<i>P</i> ≤0.0220).
Koçak et al ²⁵ Diclofenac 0.1% one drop in the affected eye(s) every six hours in three doses beginning at 6 PM on evening prior to surgery	AC, DB, PRO, RCT Patients undergoing extracapsular cataract extraction with IOL	N=43 6 weeks	Primary: Conjunctival hyperemia scores, corneal thickness, corneal surface changes, IOP and inflammation of anterior chamber	Primary: Both treatment groups experienced a decrease in severity of hyperemia at weeks three and six following surgery. One patient in the diclofenac group had severe conjunctival hyperemia at the final visit believed to be an allergic reaction to preservatives. The difference between the two treatment groups was not statistically significant at any time point (<i>P</i> >0.05 for all).





Study and	Study Design and	Sample Size and Study	End Points	Results
Drug Regimen and at 90, 60, 30 and 15 minutes before surgery then QID for three to six weeks following surgery vs flurbiprofen 0.03% one drop in the affected eye(s) every six hours in three doses beginning at 6 PM on evening prior to surgery and at 90, 60, 30 and 15 minutes before surgery then QID for three to six	and Demographics implantation with no preoperative complications	and Study Duration	Secondary: Not reported	At weeks one, three and six following surgery, the differences in corneal thickness were not statistically significant between treatment groups (<i>P</i> >0.05 for all). The mean IOP values of both groups were within normal limits throughout the study and were slightly lower in flurbiprofen group than in diclofenac group at all visits; however, the difference was not statistically significant (<i>P</i> >0.05). Both treatment groups showed corneal punctation at the first visit; however, the difference between groups was not statistically significant (<i>P</i> >0.05). One patient in the diclofenac group had marked corneal punctation and this was the same patient who also had severe conjunctival hyperemia.
weeks following surgery Each patient also received tobramycin 0.3% one drop in the affected eye(s) QID for one week.				There was no statistically significant difference between the two treatment groups at week one, three or six with regard to anterior chamber inflammation (<i>P</i> >0.05). Secondary: Not reported
Flach et al ²⁶ Ketorolac 0.5% one drop in the affected eye(s) QID beginning the first postoperative day following surgery vs diclofenac 0.1% one drop in the affected eye(s) QID beginning the first	AC, DB, PRO, RCT, SC Patients ≥21 years of age admitted for elective, unilateral, cataract surgery and IOL implantation	N=120 30 days	Primary: Subjective measurement of anterior chamber inflammation determined by anterior chamber cells and anterior chamber flare through slit-lamp biomicroscope measurements, objective measurement of anterior chamber inflammation determined by laser cell and flare meter	Primary: The two treatment groups were not statistically different at any of the three postoperative visits in terms of flare or cells as measured with the laser cell and flare meter (flare and cells as measured by laser cell and flare meter at visit three were $P=0.10$ and $P=0.55$, respectively and were $P=0.95$ and $P=0.08$, respectively, when measured by slit-lamp examinations). Secondary: There were no adverse events reported or observed during the study. There was no significant difference between the reports and descriptions of ocular discomfort upon instillation between the treatment groups $(P=0.30)$.





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
following surgery Each patient also received tropicamide 0.5% solution one drop TID for two weeks and ofloxacin 0.3% solution one drop QID for seven days following surgery. Weber et al ²⁷	AC DR MC DC	N=123	Secondary: Toxicity during three separate postoperative visits	Drimony
Ketorolac 0.5% one drop in the affected eye(s) QID for three weeks, beginning 24 hours prior to surgery vs indomethacin 0.1%* one drop in the affected eye(s) QID for three weeks, beginning 24 hours prior to surgery	AC, DB, MC, PG, RCT Patients ≥18 years of age planning to undergo cataract surgery on one eye by phaco-emulsification with posterior chamber IOL and a preoperative flare ≤15 ph/ms measured with an laser flare meter without pharmacological pupil dilation	3 months	Primary: Aqueous flare measured with a laser flare meter on days one and seven following cataract surgery Secondary: Aqueous flare at days 30 and 90 following surgery, change from baseline in retinal thickness measured by OCT at days 30 and 90, anterior chamber flare, conjunctival hyperemia and ciliary flush at all visits except the day of surgery, patient ratings of postsurgical pain or discomfort immediately following and 24 hours following surgery, change in the appearance of the macula and the rest of retina by dilated indirect funduscopy at days 30 and 90 and	Primary: At day one, the mean aqueous flare was 18.50 ph/ms for the indomethacin group compared to 16.25 ph/ms for the ketorolac group. The upper limit of the 95% CI (5.50) was less than the upper limit of the non-inferiority margin (15.00), demonstrating non-inferiority of indomethacin. When tested for superiority, the difference in the mean aqueous flare between the indomethacin and ketorolac groups at day one was not statistically significant (<i>P</i> =0.431). At day seven, the mean aqueous flare was 11.88 ph/ms in the indomethacin group and 15.01 ph/ms in the ketorolac group. The upper limit of the 95% CI (-0.94) was less than the upper limit of non-inferiority margin (8.00), demonstrating non-inferiority of indomethacin. When tested for superiority, indomethacin reduced aqueous flares significantly more compared to ketorolac (<i>P</i> =0.013). Secondary: At 30 days, the mean aqueous flare in patients treated with indomethacin was 9.2 ph/ms compared to 8.94 ph/ms in patients treated with ketorolac (<i>P</i> =0.559). At 90 days, the mean aqueous flare was 9.20 ph/ms in the indomethacin group and 8.12 ph/ms in the ketorolac group (<i>P</i> =0.571). The change from baseline in central retinal thickness at days 30 (<i>P</i> =0.131) and 90 (<i>P</i> =0.736) between the treatment groups was not statistically significant. The increase from baseline in central retinal thickness was less marked in the indomethacin group compared to the





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
			percentage of patients using concomitant medications to treat postoperative ocular inflammation	ketorolac group. No statistically significant differences were identified in the results of slit lamp examination and funduscopy between the treatment groups (data not reported). Furthermore, none of the study participants required concomitant medication to treat postsurgical inflammation. Fewer patients reported mild to moderate pain in the indomethacin group compared to the ketorolac group on the day of surgery (32.2 vs 44.3%; <i>P</i> =0.228) but not at day one (27.1 vs 24.6%; <i>P</i> =0.537); however, the differences were not statistically significant.
Duong et al ²⁸ Ketorolac 0.4% one drop in the affected eye(s) QID for seven days plus gatifloxacin 0.3% one drop in the affected eye(s) QID for seven days plus prednisolone acetate 1% one drop in the affected eye(s) QID for seven days and tapered thereafter vs nepafenac 0.1% one drop in the affected eye(s) TID for seven days plus moxifloxacin 0.5% one drop in the affected eye(s) QID for seven days plus prednisolone acetate 0.125%* one drop in the affected eye(s) QID for seven days and tapered	AC, DB, PRO, RCT, SC Patients with visually significant cataract who were a candidate for cataract surgery	N=183 1 month	Primary: Objective findings (visual function, degree of inflammation in the anterior segment and complications) and subjective complaints (burning, itching, foreign body sensation and pain level after surgery) Secondary: Not reported	Primary: Visual recovery scores were slightly better in the ketorolac group than in the nepafenac group one day postoperatively; however, this difference was not statistically significant (<i>P</i> value not reported). Visual acuities were comparable between the two treatment groups at one week (<i>P</i> =0.66) and one month (<i>P</i> =0.16) postoperatively. There was no difference between the two treatment groups in anterior chamber inflammation (<i>P</i> >0.05). Nepafenac was associated with a higher incidence of posterior capsule opacification compared to ketorolac (13 vs 5 cases; <i>P</i> =0.019). Ketorolac was associated with significantly greater patient satisfaction, patient compliance, and postoperative pain control compared to nepafenac (<i>P</i> =0.022, <i>P</i> =0.023 and <i>P</i> =0.025, respectively). Secondary: Not reported





Study and Drug Regimen	Study Design and	Sample Size and Study	End Points	Results
thereafter	Demographics	Duration		
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Sandoval et al ²⁹ Ketorolac 0.5% one drop in the affected eye(s) every five minutes, starting 15 minutes prior to surgery, then one drop in the affected eye(s) QID for	DB, PRO, RCT, SC Patients ≥40 years of age scheduled to undergo routine phacoemulsification and IOL implantation	N=40 4 weeks	Primary: Best-corrected visual acuity, slit-lamp examination, IOP, laser cell and flare measurements and subjective patient tolerance evaluated	Primary: There were no significant differences between the two treatment groups at any time point (day one, seven or 30 postoperatively) with regard to mean, median and range of best-corrected visual acuity, IOP, slit-lamp cell count, laser flare-cell meter cells and flare over time (<i>P</i> values not reported). There was a significant improvement in best-corrected visual acuity in
one week, then BID for three weeks			postoperatively at days one, seven and 30 Secondary:	both the treatment groups compared to baseline at one week and 30 days (<i>P</i> <0.001). There were no significant differences in IOP in either of the treatment
ketorolac 0.4% one drop in the affected eye(s) every five minutes, starting 15 minutes prior to surgery, then one drop in the affected eye(s) QID for one week, then BID for			Adverse events	groups (<i>P</i> values not reported). A significantly greater proportion of patients in the ketorolac 0.5% group reported ophthalmic symptoms (deep eye pain, light sensitivity, itching, foreign body sensation, stinging and burning) compared to patients in the ketorolac 0.4% group (70 vs 40%; <i>P</i> =0.03) at day one postoperatively.
three weeks Each patient received ofloxacin 0.3% one drop in the affected eye(s) QID for one week starting right after surgery.				There were no significant differences in the reporting of ophthalmic symptoms between the two treatment groups at one week or 30 days (<i>P</i> values not reported). Secondary: No adverse events were reported in either of the two treatment groups (<i>P</i> values not reported).
Maca et al ³⁰ Diclofenac 0.1% (preservative-free) one drop in the affected eye(s) QID, starting on the first postoperative day following surgery	AC, OL, PG, PRO, RCT, SB Patients ≥40 years of age scheduled for phaco- emulsification surgery of cataract	N=102 4 weeks	Primary: Anti-inflammatory effect (via anterior chamber flare), retinal thickness (mean foveal thickness), tolerability(with use of a visual analog scale), subjective ocular	Primary: There was no significant difference between treatment groups with regard to the change in anterior chamber flare. All groups experienced a significant increase from baseline following surgery (<i>P</i> <0.001 for all) and thereafter a decrease at each postoperative time point (<i>P</i> <0.001 for all). There was no significant change in retinal thickness on day one (150.8±22.4 µm), after one week (155.9±20.4 µm), or one month





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
diclofenac 0.1% one drop in the affected eye(s) QID, starting on the first postoperative day following surgery vs ketorolac 0.5% one drop in the affected eye(s) QID, starting on the first postoperative day following surgery	with posterior chamber IOL implantation, no history of intraocular inflammation or uveitis, pseudoexfoliation syndrome, significant posterior segment disease involving the macular region, and previous ocular surgery or recent topical glaucoma treatment		discomfort, conjunctival hyperemia, visual acuity and intraocular pressure Secondary: Not reported	(152.7±20.0 μm). No patients had visible cystoid macular edema on scans within one month following surgery. There was no correlation between mean foveal thickness and anterior chamber flare among treatment groups. Conjunctival hyperemia was significantly increased on day one in all three treatment groups compared to baseline values (<i>P</i> <0.01 for all groups), with no differences between treatment groups. The incidence of conjunctival injection in all groups decreased from day one to one week (<i>P</i> =0.03 for all groups). Patients receiving preservative-free diclofenac experienced less conjunctival injection compared to the groups receiving preserved diclofenac or ketorolac (<i>P</i> =0.029). In patients receiving preservative-free diclofenac, the VAS scores for tolerability remained stable, whereas patients receiving preserved diclofenac and preserved ketorolac experienced a rise in scores (less comfortable) from one day to one week and one week to one month (<i>P</i> =0.005 and <i>P</i> <0.001, respectively). These scores were also higher than those in the preservative-free diclofenac group (one week, <i>P</i> =0.001, and one month, <i>P</i> =0.033). Patients treated with preservative-free diclofenac experienced less local discomfort compared to patients treated with preserved diclofenac and preserved ketorolac (<i>P</i> =0.02 and <i>P</i> =0.012, respectively). One week following surgery, only patients receiving preservative-free diclofenac reported less local discomfort compared to day one (<i>P</i> =0.008). At one month, there was no difference in ocular discomfort scores between treatment groups (<i>P</i> values not reported). There was no difference between treatment groups with regard to visual acuity at any time point following surgery. All three treatments significantly reduced IOP at one month after surgery (<i>P</i> =0.001), with no significant differences between treatments.





Study and	Study Design and	Sample Size and Study	End Points	Results
Drug Regimen	Demographics	Duration		
Bucci et al ³¹	AC, DB, OS, SC	N=121	Primary: PGE ₂ concentrations	Primary: Treatment with ketorolac was associated with the greatest inhibition of
Bromfenac 0.09% one drop in the affected eye(s) BID one day preoperatively and four doses administered 15 minutes apart one hour prior to phacoemulsification vs ketorolac 0.45% one drop in the affected eye(s) BID one day preoperatively and four doses administered 15 minutes apart one hour prior to phacoemulsification	Patients previously diagnosed with a cataract sufficient enough to warrant extraction and who were scheduled to undergo phacoemulsification and IOL implantation	1 day	Secondary: Not reported	PGE ₂ compared to treatment with bromfenac and nepafenac. The mean (±SD) concentrations of PGE ₂ in the vitreous humor samples were 224.80±164.87 pg/mL with ketorolac compared to 288.70±226.05 pg/mL with bromfenac (<i>P</i> =0.14) and 320.4±205.6 pg/mL with nepafenac (<i>P</i> =0.025). The difference between bromfenac and nepafenac was not significantly different (<i>P</i> =0.516). Secondary: Not reported
vs				
nepafenac 0.1% one drop in the affected eye(s) BID one day preoperatively and four doses administered 15 minutes apart one hour prior to phacoemulsification				
Roberts et al ³²	AC, DB, RCT	N=52	Primary:	Primary:
Diclofenac 0.1% one drop in the affected eye(s) QID for one week then one drop in the affected eye(s)	Patients who underwent phacoemulsification with posterior	1 month	Subjective postoperative inflammation evaluation by slit-lamp assessment of cell and flare and objective evaluation by	Diclofenac treatment was associated with lower inflammation scores compared to prednisolone acetate treatment at one week and one month following surgery; however, the results were not statistically significant (flare; <i>P</i> =0.138 and <i>P</i> =0.196, cell; <i>P</i> =0.588 and <i>P</i> =0.218, slit-lamp score; <i>P</i> =0.139 and <i>P</i> =0.521, respectively).





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
prednisolone acetate 1% one drop in the affected eye(s) QID for one week then one drop in the affected eye(s) BID for three weeks Each patient also received gentamicin sulfate eye	chamber IOL implantation		measurement of cell and flare with a laser of cell and flare meter on one day, one week and one month following surgery Secondary: IOP	Secondary: Both treatment groups experienced a reduction from baseline in IOP at one week and one month. The mean decrease was significantly greater with diclofenac compared to prednisolone acetate (4.7 vs 0.9 mm Hg; P =0.007). The difference between the two groups, after adjusting for the baseline difference in the analysis, was not statistically significant (P =0.074).
Reddy et al ³³ Diclofenac 0.1% one drop in the affected eye(s) six times a day vs dexamethasone 0.1% one drop in the affected eye(s) six times a day Each patient also received tropicamide 1% for preoperative dilation and it was also included in the postoperative regimen.	AC, DB, PRO, RCT Patients >25 years of age who underwent uncomplicated extracapsular cataract extraction with posterior chamber IOL implantation	N=60 21 days	Primary: Aqueous flare and cells in anterior chamber, conjunctival congestion and corneal edema on days one, three, seven, 14 and 21 following surgery and severity of inflammation graded on a four-point scale Secondary: Not reported	Primary: There was no significant difference in anti-inflammatory activity between the two treatment groups on days three, seven, 14 or 21 following surgery for signs of flare, cells in the anterior chamber, conjunctival congestion and corneal edema (<i>P</i> values not reported). The time to achieve anti-inflammatory activity was significant (<i>P</i> <0.0001). The rate of improvement did not differ significantly between the two treatment groups (<i>P</i> values not reported). In terms of response of cells in the anterior chamber, the trend for improvement appeared to be faster and greater in magnitude with dexamethasone compared to diclofenac (<i>P</i> values not reported). Best corrected visual acuity did not differ statistically between treatment groups (<i>P</i> values not reported). Secondary: Not reported
Laurell et al ³⁴ Diclofenac 0.1% one drop	AC, DB, PRO, RCT, SC	N=180 4 years	Primary: Inflammatory reaction in the anterior chamber	Primary: There were no statistically significant differences in inflammation between the three treatment groups on first postoperative day





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
in the affected eye(s) QID for one week following surgery, then one drop in the affected eye(s) BID for three weeks vs dexamethasone 0.1% one drop in the affected eye(s) QID for one week following surgery, then one drop in the affected eye(s) BID for three weeks vs vehicle one drop in the affected eye(s) QID for one week following surgery, then one drop in the affected eye(s) QID for one week following surgery, then one drop in the affected eye(s) BID for three weeks	Patients 64 to 85 years of age scheduled to undergo cataract surgery by phacoemulsification and IOL implantation		measured with laser flare photometry preoperatively and at one, three and eight days, two and four weeks, two and six months, and one, two and four years postoperatively and inflammatory symptoms Secondary: Visual acuity, rate of striate keratopathy, IOP and capsulotomy rate	The flare values at three and eight days, two weeks and one month following surgery were significantly lower in the diclofenac and dexamethasone groups compared to the placebo group (<i>P</i> ≤0.05 for all). There were no significant differences between diclofenac and dexamethasone at any observation time (<i>P</i> values not reported). Inflammatory symptoms were reported in 11 of 60 patients (18.3%) on day three and in 18 of 59 patients (30.5%) at day eight in the placebo group. The rate of patients with inflammatory symptoms was greater in the placebo group at day three (<i>P</i> <0.001) and day eight (<i>P</i> <0.001) but not at two weeks and thereafter. There were no significant differences between diclofenac and dexamethasone treatment groups at any observation time. Secondary: With regard to visual acuity, the only significant difference between the treatment groups was at day eight when visual acuity was better in the dexamethasone group compared to the placebo group (81.7 vs 62.7%; <i>P</i> <0.05). At day eight, striate keratopathy was more frequent in the placebo group compared to the other two treatment groups (<i>P</i> =0.01). There were no subsequent corneal reactions. There were no epithelial complications found in any of the three treatment groups. The median IOP was significantly higher in the dexamethasone group than in the placebo group after eight days (16 vs 13 mm Hg; <i>P</i> <0.05). At one month IOP was slightly higher in dexamethasone group compared to the diclofenac group (15 vs 14 mm Hg; <i>P</i> <0.05). No significant IOP differences were reported at other observation times. The rate of Nd:YAG laser posterior capsulotomies were equal in the three treatment groups after two years. It was significantly lower in the placebo group than in the diclofenac group after four years (<i>P</i> <0.05).





Ctd., and	Study Design	Sample Size		
Study and	and	and Study	End Points	Results
Drug Regimen	Demographics	Duration		
Holzer et al ³⁵	DB, PRO, RCT	N=60	Primary:	Primary:
			Signs and symptoms of	There was no statistically significant difference between the two groups
Ketorolac 0.5% one drop	Patients >18 years	30 days	inflammation documented	in any of the ocular symptoms including deep eye pain, photophobia,
in the affected eye(s) QID	of age scheduled to		by external slit-lamp	itching, foreign-body sensation, stinging and burning (<i>P</i> values not
starting 24 hours following	have cataract		examination, IOP, Kowa	reported).
surgery for one week, then	extraction with		cell and flare	
one drop in the affected	posterior chamber		measurements on days	There were no statistically significant differences between the ketorolac
eye(s) BID for three weeks	IOL implantation		one, four, seven and 30	and loteprednol groups in terms of preoperative laser cell and flare
				meter evaluation of cells and flare (<i>P</i> =0.83 and <i>P</i> =0.92, respectively).
VS			Secondary:	
			Not reported	The mean cell and flare values evaluated by laser cell and flare meter at
loteprednol 0.5% one drop				day one was higher in the ketorolac group compared to the loteprednol
in the affected eye(s) QID				group (P=0.72 and P=0.67, respectively).
starting 24 hours following				
surgery for one week, then				The mean cell measurement by laser cell and flare meter at week one,
one drop in the affected				was 3.96 in the ketorolac group and 4.89 in the loteprednol group
eye(s) BID for three weeks				(P=0.16). The mean flare measurement at week one was 1.43 in the
				ketorolac group and 0.94 in the loteprednol group (<i>P</i> =0.61).
Each patient also received				
ofloxacin 0.3% one drop in				The mean IOP in both groups ranged from 12 to 16 mm Hg. Two
the affected eye(s) QID				patients in the loteprednol group had IOPs of 23 and 24 mm Hg one
starting three days before				month postoperatively. These two patients had elevated preoperative
surgery, one drop				IOPs of 25 and 24 mm Hg, respectively (<i>P</i> values not reported).
perioperatively, at				
completion of surgery and				Secondary:
one drop in the affected				Not reported
eye(s) QID immediately				
following surgery.	AO DD DDO DOT	NI 00	Delaysan	Discours
Solomon et al ³⁶	AC, DB, PRO, RCT	N=36	Primary:	Primary:
Kataralas O E0/ ana disar	Detiente > 10 ve ===	20 days	Signs and symptoms of	Subjective measurement of inflammation by slit-lamp measurements of
Ketorolac 0.5% one drop	Patients >18 years	30 days	inflammation, IOP, visual	cell and flare were not significantly different between the two groups
in the affected eye(s) QID	of age scheduled to		acuity, slit-lamp cell and	(<i>P</i> =0.17 and <i>P</i> =0.48, respectively).
starting 24 hours following	undergo cataract		flare, and Kowa cell and	Objective measurement of cell and flore using Kowa cell and flore mater
surgery for one week and	extraction with		flare measurements	Objective measurement of cell and flare using Kowa cell and flare meter
then BID for remainder of	posterior chamber		evaluated at one, four,	did not significantly differ between the two groups (<i>P</i> =0.17 and <i>P</i> =0.48,
study	IOL implantation		seven and 30 days	respectively). The cell measurements at visit two (postoperative day





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
vs rimexolone 1% one drop in the affected eye(s) QID starting 24 hours following			postoperatively Secondary: Not reported	one) in the ketorolac and rimexolone groups were 17.5 and 8.3, respectively (<i>P</i> =0.28). The flare measurements at visit two in the ketorolac and rimexolone groups were 18.3 and 4.7, respectively (<i>P</i> =0.17). There were no differences in IOP reported between treatment groups (<i>P</i>
surgery for one week and then BID for remainder of study				values not reported). Visual acuity measurements at each visit and the overall improvement in visual acuity were similar in both groups (<i>P</i> values not reported).
Each patient also received ofloxacin QID (duration not reported).				No significant difference was reported between the two groups in terms of ocular symptoms (<i>P</i> values not reported). Secondary:
				Not reported
Simone et al ³⁷ Ketorolac 0.5% one to two drops in the affected eye(s) QID on week one, TID on week two, BID on week three and QD on week four	DB, RCT, SC Patients who underwent extracapsular cataract extraction and posterior chamber IOL	N=59 4 weeks	Primary: Intraocular anti- inflammatory efficacy (assessed by lid edema, lid injection, conjunctival injection, corneal edema, ciliary flush, and anterior chamber cells) and	Primary: There were no statistically significant differences between the two groups in any measure of anti-inflammatory efficacy, with the exception of anterior chamber cells. The prednisolone acetate group had fewer cells in the anterior chamber compared to the ketorolac group at seven days (<i>P</i> =0.0073). At 28 days, there was no significant difference between the treatments (<i>P</i> =0.23).
prednisolone acetate 1% one to two drops in the affected eye(s) QID on week one, TID on week two, BID on week three	implantation		analgesic efficacy (assessed by patient reported pain severity, pain frequency, total symptom sum and overall global improvement) Secondary:	The ketorolac group had less frequent and severe pain symptoms at day 28 compared to the prednisolone group; however, the difference was not statistically significant (<i>P</i> value not reported). There were no statistically significant differences between the two treatment groups in terms of sum of symptoms, overall global improvement and IOP (<i>P</i> values not reported).
and QD on week four Each patient also received ofloxacin one drop in the			Not reported	There were no serious adverse events during the course of the study in either of the two treatment groups and no adverse event was considered to be treatment related (<i>P</i> values not reported).





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
affected eye(s) QID for				Secondary:
one week.				Not reported
El-Harazi et al (abstract) ³⁸	AC, DB, RCT	N=58	Primary:	Primary:
			Flare, cells and IOP on	There were no statistically significant differences in flare or cell counts or
Diclofenac 0.1% one drop	Patients	28 days	postoperative days one,	change in flare or cell counts from baseline between the treatment
in the affected eye(s) QID	undergoing		seven and 28	groups (P values not reported).
for one week, then BID for	phacoemulsification			
next three weeks	with posterior		Secondary:	There were no statistically significant differences in IOP or in change in
	chamber IOL		Medication-related	IOP from baseline between the three treatment groups (<i>P</i> values not
vs	implantation		complications	reported).
Lesterales O FO/ and draw in				Casandamu
ketorolac 0.5% one drop in				Secondary:
the affected eye(s) QID for				There were no medication-related complications observed at any time
one week, then BID for				during the course of study (<i>P</i> values not reported).
next three weeks				
vs				
prednisolone acetate 1%				
one drop in the affected				
eye(s) QID for one week,				
then BID for next three				
weeks				
Ostrov et al ³⁹	AC, MC, RCT, SB	N=157	Primary:	Primary:
			Signs of anterior-segment	There were no statistically significant differences between the three
Ketorolac 0.5% one drop	Patients who	6 weeks	inflammation-primarily	groups in terms of infiltration of cells into the anterior chamber on days
in the affected eye(s) TID	underwent routine		cells and flare in the	one to two, day five, week two, week four or week six (<i>P</i> =0.59, <i>P</i> =0.51,
starting one day before	extracapsular		anterior chamber	P=0.08, P=0.32 and P=0.37, respectively).
surgery and for four weeks	cataract extraction		observed by slit-lamp	
following surgery	or phaco-		biomicroscopy,	There were no statistically significant differences between the three
	emulsification and		fluorescein leakage	groups in terms of anterior chamber flare on days one to two, day five,
vs	posterior chamber		across blood-aqueous	week two, week four or week six (<i>P</i> =0.40, <i>P</i> =0.09, <i>P</i> =0.45, <i>P</i> =0.09 and
	IOL implantation		barrier measured by	P=0.70, respectively).
dexamethasone 0.1% one			fluorophotometry, rating	
drop in the affected eye(s)			of efficacy by investigator,	The postoperative elevation in fluorescein concentration was
TID starting one day			IOP, visual acuity and	significantly lower in the ketorolac group than the two corticosteroid





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
before surgery and for four weeks following surgery vs prednisolone acetate 1% one drop in the affected eye(s) TID starting one day before surgery and for four weeks following surgery Seventy-nine percent of patients also received perioperative subconjunctival injections of a glucocorticoid (e.g., betamethasone or equivalent) and 82% of patients received an antibiotic.			adverse events Secondary: Other clinical signs of inflammation (lid edema and hyperemia)	groups at day five and week two ($P \le 0.001$ and $P = 0.016$, respectively). There were no differences between the prednisolone acetate and dexamethasone groups at day five ($P = 0.53$) or week two ($P = 0.77$). Ketorolac, prednisolone acetate and dexamethasone groups had mean scores ranging from 86 to 91 for overall effectiveness ($P = 0.32$) and 87 to 91 for overall acceptability ($P = 0.46$). There were no significant differences between the three groups at any visit with respect to IOPs and visual acuity tests ($P \ge 0.33$ for both). Two of the six adverse events were treatment-related. One patient in the dexamethasone group had a moderate allergic reaction at weeks two and four and one patient in the ketorolac group developed severe uveitis (P values not reported). Secondary: The ketorolac group had higher conjunctival hyperemia scores compared to the prednisolone acetate group at week two ($P = 0.04$ among groups).
Trinavarat et al (abstract) ⁴⁰ Ketorolac one drop in the affected eye(s) QID vs fluorometholone one drop in the affected eye(s) QID vs prednisolone acetate one drop in the affected eye(s) QID	AC, PRO, RCT, SB Patients undergoing phacoemulsification	N=120 28 days	Primary: Visual acuity, IOP, slit- lamp biomicroscopy, grading of cells and flare in anterior chamber and ocular symptoms Secondary: Not reported	Primary: The number of eyes with a minimal amount of cells in the anterior chamber was significantly lower with prednisolone acetate compared to ketorolac on days seven (11 vs 20; <i>P</i> =0.008) and 14 (23 vs 31; <i>P</i> =0.015). Similarly, more patients treated with fluorometholone had a minimal amount of cells in the anterior chamber on day seven compared to patients receiving ketorolac (11 vs 21; <i>P</i> =0.011). The IOP was significantly higher in the prednisolone acetate group compared to the ketorolac group on day 21 (14.6 vs 12.2 mm Hg; <i>P</i> =0.016). One eye in the prednisolone group had an IOP of 32 mm Hg. Burning sensation was reported frequently in the ketorolac group (<i>P</i> values not reported).





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
Hirneiss et al ⁴¹	DB, PRO, RCT, SC	N=45	Primary:	Secondary: Not reported
Ketorolac 0.5% in the affected eye(s) per taper schedule as follows: six drops on days one to three, five drops on days four to 10, four drops on days 11 to 14, three drops on days 15 to 18, two drops on days 19 to 21 and then one drop on days 22 to 28 vs prednisolone acetate 1% in the affected eye(s) per taper schedule as follows: six drops on days one to three, five drops on days four to 10, four drops on days 11 to 14, three drops on days 15 to 18, two drops on days 15 to 18, two drops on days 19 to 21 and then one drop on days 22 to 28 vs rimexolone 1% in the affected eye(s) per taper schedule as follows: six drops on days one to	Patients ≥18 years of age who underwent elective, unilateral extracapsular cataract extraction using phacoemulsification and implantation of a posterior chamber IOL	N=45 28 days	Primary: Conjunctival hyperemia, corneal edema, best- corrected visual acuity, measurement of IOP, standardized slit-lamp examination of the anterior segment of the eye and cells and flare, stereoscopic dilated retinal examination with the biomicroscope and report of patient comfort or discomfort on postoperative days one, three, five, 14 and 28 Secondary: Not reported	Primary: Overall aqueous flare in the anterior chamber was significantly lower in the ketorolac group followed by the prednisolone acetate and rimexolone groups (<i>P</i> =0.008). Regarding conjunctival hyperemia, most hyperemia was observed in the ketorolac group, followed by rimexolone and prednisolone acetate groups. Prednisolone acetate treatment was associated with the lowest occurrence conjunctival hyperemia followed by rimexolone and ketorolac treatments (<i>P</i> =0.002 for overall group difference). Aqueous cells and corneal edema did not differ among the three groups (<i>P</i> =0.165 and <i>P</i> =0.311, respectively). There were no significant differences in pre- and postoperative visual acuity measurements between the groups (<i>P</i> =0.183). The ketorolac group had a significantly higher mean IOP followed by the rimexolone group. Prednisolone acetate had the lowest IOP values of the three groups (<i>P</i> =0.030 for overall group difference). More patients complained of stinging and itching in the ketorolac group compared to the rimexolone group. Patient comfort was highest with the prednisolone acetate group (<i>P</i> =0.041 for overall group difference). Secondary: Not reported





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
three, then five drops on days four to 10, then four drops on days 11 to 14, then three drops on days 15 to 18, then two drops on days 19 to 21 and then one drop on days 22 to 28 Patients received antibiotic eye drops containing polymyxin-B, neomycin and gramicidin one drop in the affected eye(s) QID for first three days following surgery. Guzey et al (abstract) ⁴² Ketorolac/tobramycin vs fluorometholone/tobramycin	AC, PRO, RCT, SC Patients undergoing phacoemulsification cataract extract with sclera tunnel incision	N=60 2 weeks	Primary: Burning/stinging sensation, blurred vision, ocular discomfort, conjunctival hyperemia, anterior chamber flare, and anterior chamber cells assessed preoperatively and postoperatively on days one (baseline), two, three, seven and 14 Secondary: Not reported	Primary: There was no statistically significant difference between the two treatment groups in terms of ocular inflammation at any of the postoperative visits (<i>P</i> values not reported). Both treatment regimens were well tolerated by patients (<i>P</i> values not reported). Secondary: Not reported
Corneal Refractive Surger				
Narvaez et al (abstract) ⁴³ Diclofenac 0.1% one drop	AC, DB, PRO, RCT, SC	N=30 1 day	Primary: Postoperative ocular pain and discomfort recorded	Primary: Ketorolac and diclofenac were both effective in relieving postoperative pain (<i>P</i> value not reported).
in one eye every four hours while awake for 24	Patients undergoing	. aay	before and 15 minutes following instillation	There was no significant difference in pain relief, or stinging on





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
hours following surgery	elective, bilateral		(using VAS scale)	instillation between the two treatment groups (<i>P</i> =0.29).
vs	simultaneous radial keratotomy		Secondary: Not reported	Secondary: Not reported
ketorolac 0.5% one drop in the other eye every four hours while awake for 24 hours following surgery			·	·
Seitz et al44	AC, DB, PC, PG	N=15	Primary:	Primary:
Diclofenac 0.1% one drop in one eye every five	Patients 22 to 60 years of age	2 days	Assessment of corneal sensitivity prior to instillation, immediately	Ketorolac and diclofenac both significantly decreased corneal sensitivity compared to placebo (<i>P</i> <0.01 for both).
minutes for a total of seven drops and one drop of placebo in the other eye	years or age		following instillation and after termination of drop application and subjective	Diclofenac was significantly more effective compared to ketorolac after controlling for the effects of time (<i>P</i> <0.01).
every five minutes for a total of seven drops			evaluation of burning sensation following each drop application	Diclofenac decreased corneal sensitivity to a lower level (47.3±0.7 mm) compared to ketorolac (51.0±0.7 mm) after 30 minutes (<i>P</i> value not reported).
vs ketorolac 0.5% one drop in			Secondary: Not reported	The mean duration of decreased corneal sensitivity was significantly longer in the diclofenac group compared to the ketorolac group (<i>P</i> <0.01).
one eye every five minutes for a total of seven drops and one drop of placebo in the other eye every five				There was no significant difference between the two groups with regard to subjective grading of perceived burning sensation (<i>P</i> =0.12).
minutes for a total of seven drops				There was no reduction in burning sensation over time with either ketorolac or diclofenac compared to placebo (<i>P</i> =0.12 and <i>P</i> =0.99, respectively).
				Secondary: Not reported
Cystoid Macular Edema	40 DD0 D0T	N O4	D.:	Divers
Rho et al (abstract) ⁴⁵	AC, PRO, RCT	N=34	Primary: Improvement in cystoid	Primary: There was a significant reduction in cystoid macular edema and a
Diclofenac 0.1% one drop in the affected eye(s) QID	Patients with clinical cystoid	26 weeks	macular edema and visual acuity	significant improvement in visual acuity in both groups.





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
vs ketorolac 0.5% one drop in the affected eye(s) QID	macular edema after phaco- emulsification cataract extraction with posterior chamber IOL		Secondary: Not reported	By 26 weeks, 16 patients in the diclofenac group had a reduction in cystoid macular edema compared to 14 patients in the ketorolac group (89 vs 88%; <i>P</i> =0.92). At 26 weeks, 14 patients in the diclofenac group and 12 patients in the ketorolac group experienced a resolution of cystoid macular edema (78 vs 75%; <i>P</i> =0.86). The mean time to initial cystoid macular edema reduction was 7.5 weeks with diclofenac and eight weeks with ketorolac (<i>P</i> =0.41). The mean time to cystoid macular edema resolution was 13.6 weeks with diclofenac and 12.8 weeks with ketorolac (<i>P</i> =0.49). Secondary:
Circuit at al (ab atra at)46	DD DDO DOT	N-40	Drive on a	Not reported
Singal et al (abstract) ⁴⁶	DB, PRO, RCT	N=10	Primary: Improvement in Early	Primary: There were no statistically significant differences between the two
Ketorolac 0.5% plus vehicle	Patients with clinical cystoid macular edema	90 days	Treatment Diabetic Retinopathy Study Snellen equivalent vision	treatment groups in the outcomes measures at any visit (<i>P</i> values not reported).
vs	occurring at least six weeks following		and resolution of cysts on clinical examination	There were no significant differences between the two treatment groups in the subgroup analysis of patients with chronic cystoid macular edema
ketorolac 0.5% plus	cataract extraction			(P values not reported).
prednisolone acetate 1%			Secondary:	Cocondon
Dosing regimens were not reported.			Not reported	Secondary: Not reported
Miyake et al ⁴⁷	AC, MC, OL, PRO	N=106	Primary:	Primary:
			Visual acuity, IOP,	There was no significant difference between the two groups in the
Diclofenac 0.1% one drop	Patients between	8 weeks	amount of anterior	change in visual acuity at any time point.
in the affected eye(s) three	60 and 70 years of		chamber flare and cells	Beth arrange and distriction of the Control of the
hours, two hours, one hour	age with an		measured by laser flare-	Both groups experienced significantly lower IOPs at three days, and
and 30 minutes prior to	indication for		cell photometry and	one, two, five and eight weeks following surgery compared to
surgery and TID for eight	unilateral cataract		severity of cystoid	preoperative values (<i>P</i> <0.05 for all time points).
weeks following surgery	surgery		macular edema	





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
fluorometholone 0.1% one drop in the affected eye(s) three hours, two hours, one hour and 30 minutes prior to surgery and TID for eight weeks following surgery Each patient was also receiving oral and topical antimicrobial medications.			determined by fluorescein fundus angiography Secondary: Not reported	Treatment with diclofenac was associated with a significantly lower flare in the anterior chamber at three days, and one, two, five and eight weeks following surgery compared to treatment with fluorometholone (<i>P</i> <0.01 for all). Both treatment groups experienced a statistically significant increase in flare in eyes with cystoid macular edema at three days, and one, two, five and eight weeks following surgery compared to eyes without cystoid macular edema (<i>P</i> <0.001). There was a statistically significant increase in flare in eyes with and without cystoid macular edema in the fluorometholone group compared to the diclofenac group (<i>P</i> <0.05 to <i>P</i> <0.01). More patients in the fluorometholone group developed cystoid macular edema compared to the diclofenac group over eight weeks of treatment (54.7 vs 5.7%; <i>P</i> <0.001). Secondary: Not reported
Heier et al ⁴⁸ Ketorolac 0.5% one drop in the affected eye(s) QID vs prednisolone acetate 1% one drop in the affected eye(s) QID vs ketorolac 0.5% plus prednisolone acetate 1% one drop in the affected	AC, DB, PRO, RCT Patients diagnosed with acute clinical cystoid macular edema occurring after phacoemulsification and posterior chamber IOL implantation	N=28 4 months	Primary: Snellen visual acuity, contrast sensitivity, Amsler grid, slit-lamp examination, dilated fundus examination and fluorescein angiography Secondary: Not reported	Primary: There was a significant improvement in Snellen visual acuity with combination therapy compared to prednisolone acetate at all visits $(P < 0.05 \text{ for all time points})$. In addition, combination therapy significantly improved visual acuity compared to ketorolac alone at visits four $(P=0.006)$ and five $(P=0.042)$. There was no significant difference in the number of patients receiving ketorolac or prednisolone acetate who experienced a two-line or greater change from baseline in visual acuity during the study $(P \text{ values not reported})$. There was a significant difference for the combination therapy group compared to the prednisolone acetate group at visits two, three, four and five $(P \le 0.05 \text{ for all})$ and compared to the ketorolac group at visits four and five $(P=0.017 \text{ and } P=0.012 \text{ respectively})$.





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
eye(s) QID Study medications were tapered at the rate of one drop per week when cystoid macular edema was resolved or for three months, whichever occurred first.	Demographics	Duration		patients in the ketorolac group and 89% of patients in the combination therapy group achieved a two-line or greater improvement in Snellen acuity. Sixty five percent of patients experienced an improvement in contrast sensitivity at final visit compared to baseline (50, 55 and 89% in the prednisolone acetate, ketorolac, and combination therapy groups, respectively; <i>P</i> values not reported). Most patients experienced an improvement in fluorescein angiography compared to baseline (50, 55 and 77% in the prednisolone acetate, ketorolac and combination groups, respectively; <i>P</i> values not reported). Recurrence of cystoid macular edema was noted in one patient from the ketorolac group and one patient from the combination therapy group, after an initial two-line improvement in visual acuity. Secondary:
Wittpenn et al ⁴⁹ Ketorolac 0.4% plus prednisolone acetate 1% one drop in the affected eye(s) QID for four weeks postoperatively (patients in this group also received ketorolac 0.4% one drop in the affected eye(s) QID for three days preoperatively) vs prednisolone acetate 1% one drop in the affected eye(s) QID for four weeks	AC, MC, PRO, RCT, SB Patients scheduled to undergo phaco-emulsification with no recognized cystoid macular edema risks (diabetic retinopathy, retinal vascular disease, or macular abnormality)	N=546 6 weeks	Primary: Cystoid macular edema incidence measured by slit-lamp biomicroscopy and OCT Secondary: Retinal thickness as measured by OCT, Snellen best-corrected visual acuity, contrast sensitivity and adverse events	Primary: Five patients in the prednisolone acetate group had clinically apparent cystoid macular edema compared to zero patients in the combination group based on slit-lamp biomicroscopy (<i>P</i> =0.032). Based on OCT analysis, no patients in the combination group and six patients in the prednisolone acetate group developed definite or probable cystoid macular edema (<i>P</i> =0.018). Significantly fewer patients in the combination treatment group were identified with possible cystoid macular edema based on OCT compared to the prednisolone acetate group (2.2 vs 6.0%; <i>P</i> =0.037). Secondary: Mean retinal thickening in the combined treatment group was lower than in the prednisolone acetate group (3.9 vs 9.6 μm; <i>P</i> =0.003).





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
Each patient also received ketorolac 0.4% one drop in				Significantly more patients in the prednisolone acetate group than in the combination group had a >10 μm of retinal thickening on OCT (49.0 vs 26.4%; <i>P</i> <0.001).
the affected eye(s) every 15 minutes for a total of four doses, one hour before surgery.				The prednisolone acetate group had a significantly higher incidence of retinal thickening of \geq 15 µm compared to the group receiving combination treatment (P <0.001).
				The incidence of thickening of \geq 25 µm and \geq 40 µm was higher in the prednisolone acetate group than in the combination treatment group; however, the difference was not statistically significant (P =0.056 and P =0.069, respectively).
				In the combination group, 1.3% of patients had best-corrected visual acuity worse than 20/40 at week four compared to 2.5% of patients in the prednisolone acetate group (<i>P</i> =0.360).
				The difference in contrast sensitivity between the two treatment groups was not statistically significant (<i>P</i> ≥0.581).
				Burning/stinging/tearing was the most commonly reported adverse event in the combination group, whereas, transient elevations in IOP were the most commonly reported adverse event in the prednisolone acetate group.
				There were two serious adverse events, both in the prednisolone acetate group. One patient developed endophthalmitis and one patient died due to a cause unrelated to study medication.
Sivaprasad et al ⁵⁰	SR	N=266	Primary:	Primary:
Diclofenac 0.1%	Seven trials; three studied acute	4 to 12 weeks	Two-line or greater improvement in Snellen visual acuity, persistence	The mean time for a two-line improvement in Snellen visual acuity and resolution of cystoid macular edema was similar between the diclofenac and ketorolac groups.
VS	cystoid macular edema and four		of improvement of vision one month following	There was minimal evidence of any difference between ketorolac and
fenoprofen 1%	trials compared NSAIDs to placebo		discontinuation of treatment	placebo in achieving a two-line improvement in Snellen visual acuity at the end of XO period for treatment of acute cystoid macular edema.





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
vs	in chronic cystoid			
flurbiprofen 0.03%	macular edema		Secondary: Proportion of patients with improvement in	There was a statistically significant benefit in using ophthalmic NSAIDs for chronic cystoid macular edema in two of the three studies for the improvement of visual acuity at the end of treatment (RR, 8.00; 95% CI,
vs			leakage on fundus fluorescein angiography,	1.16 to 55.20 and RR, 2.34; 95% CI, 1.25 to 4.40).
indomethacin 25 mg (oral)			proportion of participants with improved contrast	There was a statistically significant benefit in using ophthalmic NSAIDs for chronic cystoid macular edema in one of the three studies for the
vs			sensitivity and quality of life	improvement of visual acuity one month after treatment (RR, 3.37; 95% CI, 1.60 to 7.09).
ketorolac 0.5%				Secondary:
vs				Not reported
prednisolone acetate 1%				
vs				
vehicle				
Intraoperative Miosis				
Roberts et al (abstract) ⁵¹	AC, RCT	N=51	Primary: Horizontal and vertical	Primary: There was no statistically significant difference between the two
Diclofenac 0.1% one drop in the affected eye(s)	Patients undergoing	1 day	diameters of the pupil measured prior to initial	treatment groups in baseline pupil dilation (P values not reported).
every 15 minutes for four	cataract extraction		conjunctival incision	There were no statistically significant differences between the two
doses beginning one hour	by phaco-		(baseline), every five	treatment groups after start of surgery at any time point, except at the
before surgery	emulsification		minutes during the	start of phacoemulsification, when the flurbiprofen group had more pupil
vs			procedure, at the beginning of	dilation compared to the diclofenac group (<i>P</i> values not reported).
VS			capsulorrhexis, the	Secondary:
flurbiprofen 0.03% one			beginning of phaco-	Not reported
drop in the affected eye(s)			emulsification, the end of	
every 15 minutes for four			phacoemulsification, the	
doses beginning one hour before surgery			end of cortical cleanup and before and after	
belole sulgely			implantation of an IOL	





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
Each patient also received				
dilating drops along with			Secondary:	
the study medication.			Not reported	
Thaller et al (abstract) ⁵²	AC, DB, RCT	N=52	Primary:	Primary:
Diclofenac 0.1%	Patients undergoing	Duration not specified	Change in pupil size (measured prior to the corneal section and after	There was a smaller decrease in pupil size in the diclofenac group compared to the flurbiprofen group (<i>P</i> values not reported).
VS	extracapsular cataract extraction		the completion of the operation), IOP, degree	There was less postoperative redness reported in the diclofenac group compared to the other two groups (<i>P</i> =0.001).
flurbiprofen 0.03%	with IOL implantation		of inflammation (degree of pain, redness, flare	There were no significant differences between the three groups in terms
VS			and cells in the anterior chamber on day following	of anterior chamber cells, flare or IOP change (<i>P</i> values not reported).
vehicle			surgery)	Secondary: Not reported
Each patient also received			Secondary:	· ·
balanced salt solution			Not reported	
containing adrenaline.				
Solomon et al ⁵³	AC, DB, PRO,	N=118	Primary:	Primary:
	RCT, SC		Pupillary diameter	Mean horizontal papillary diameter measurements for the two treatment
Flurbiprofen 0.03% one		1 day	measurements in the	groups were similar at the start of surgery.
drop in the affected eye(s)	Patients		horizontal meridian at	
every 15 minutes for three	undergoing		start of surgery, before	There were measurably larger pupils in the ketorolac group compared to
intervals beginning one	cataract extraction		phacoemulsification,	the flurbiprofen group; however, the difference was not statistically
hour prior to surgery	by phaco-		before lens placement	significant at the start of surgery (<i>P</i> =0.80), before phacoemulsification
140	emulsification with		and following lens	(P=0.27), before lens placement (P=0.26) or following lens placement
VS	posterior chamber IOL implantation		placement	(<i>P</i> =0.63).
ketorolac 0.5% one drop in	via scleral tunnel or		Secondary:	Patients receiving ketorolac had fewer miotic changes in the pre-
the affected eye(s) every	clear corneal		Not reported	phacoemulsification interval and greater mydriasis in the before and
15 minutes for three	incision		Not reported	after lens placement intervals compared to patients receiving
intervals beginning one				flurbiprofen; however, these differences were not statistically significant
hour prior to surgery				(<i>P</i> >0.05 for all intervals).
				Secondary:
				Not reported





	Ctudy Decign Comple Circ						
Study and	Study Design and	Sample Size and Study	End Points	Results			
Drug Regimen	Demographics	Duration	End Foints	Results			
Seasonal Allergic Conjunc	Seasonal Allergic Conjunctivitis						
Tauber et al ⁵⁴	AC, DB, MC, PG,	N=60	Primary:	Primary:			
l aubei et ai	PRO, RCT	11-00	Itching and bulbar	Statistically significant improvements from baseline were observed for			
Diclofenac 0.1% one drop	FRO, ROT	14 days	conjunctival injection at	primary and secondary composite scores for both treatment groups at			
in each eye QID	Patients with acute	14 days	30 minutes, seven days	30 minutes, seven days and 14 days compared to baseline (<i>P</i> <0.001 for			
In each eye QID	seasonal allergic		and 14 days	all). Significant improvements for individual ocular itching and bulbar			
vs	conjunctivitis		and 14 days	conjunctival injection occurred with both treatments compared to			
VS	Conjunctivitis		Secondary:	baseline (<i>P</i> <0.001 for all).			
ketorolac 0.5% one drop in			Patient and physician's	baselille (F < 0.00 Flor all).			
each eye QID			global improvement	Secondary:			
each eye QID			assessment with	There were no statistically significant differences between the two			
			calculation of primary	treatment groups for the primary and secondary composite scores or for			
			composite score (sum of	the individual parameters of itching and bulbar conjunctival injection.			
			scores for ocular itching	the marvidual parameters of itening and bulbar conjunctival injection.			
			and bulbar conjunctival	Treatment group differences were observed for pain/soreness score with			
			injection) and a	an advantage observed for the diclofenac group at 30 minutes and day			
			secondary composite	seven (<i>P</i> =0.007 and <i>P</i> =0.039, respectively). Significantly more patients			
			score (sum of remaining	in the diclofenac treatment group were free of symptoms at day seven			
			sign and symptom	compared to the treatment ketorolac group (20.7 vs 3.2%; <i>P</i> =0.049).			
			scores), safety	There was no significant difference observed at day 14 visit with regard			
			parameters including	to the proportions of symptom-free patients in each treatment group (P			
			visual acuity, intraocular	value not reported).			
			pressure and adverse				
			events	There were no significant changes in visual acuity or IOP throughout the			
				evaluation period (<i>P</i> values not reported).			
				, ,			
				No serious adverse events were reported in either treatment group.			
				Minor adverse events included burning and stinging on instillation of the			
				medication, burning/stinging, irritation, discharge. There was one			
				instance of corneal erosion in the diclofenac group, which was attributed			
				to eye rubbing due to itching.			
Yaylali et al ⁵⁵	AC, PC, PG, RCT,	N=40	Primary:	Primary:			
	SC		Hyperemia and itching at	Hyperemia and itching were significantly improved in eyes treated with			
Olopatadine 0.1% in one		15 days	30 minutes then at two,	olopatadine and ketorolac compared to eyes treated with placebo at all			
eye twice daily and	Patients with SAC		seven and 15 days	time points (<i>P</i> <0.05 for all).			
placebo in the other eye							





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
twice daily vs ketorolac 0.5% in one eye four times daily and placebo in the other eye four times daily			Secondary: Not reported	The mean hyperemia score was lower in the olopatadine group compared to the ketorolac group; however, the difference was not statistically significant. The mean itching score was significantly lower in the olopatadine group compared to the ketorolac group from day two through to the end of the study (<i>P</i> <0.05). Secondary: Not reported
Discepola et al ⁵⁶ Emedastine 0.05% in one eye and placebo in other eye once vs ketorolac 0.5% in one eye and placebo in the other eye once Patients received the alternate treatment in one eye and placebo in the contralateral eye at day 14.	AC, DB, PC, RCT, SC, XO Patients with a history of allergic conjunctivitis, study used CAC model	N=36 4 weeks	Primary: Ocular itching and redness at three, 10 and 20 minutes following CAC and ocular discomfort Secondary: Not reported	Primary: Emedastine significantly inhibited ocular itching and redness in vascular beds compared to placebo (<i>P</i> <0.05). Ketorolac failed to significantly inhibit ocular itching or redness compared to placebo (<i>P</i> value not reported). Patient assessment of comfort indicated emedastine was significantly more comfortable compared to ketorolac upon topical ocular administration (<i>P</i> <0.05). Secondary: Not reported
Shulman et al ⁵⁶ Study 1 (n=45): cromolyn 4% vs pemirolast 0.1% vs ketorolac 0.5% given bilaterally one time only (3 visits XO) Study 2 (n=48): nedocromil 2% vs pemirolast 0.1% given	DB, PG, PRO, RCT, SC Healthy adult volunteers, mean age 36 years in Study 1 and 34 years in Study 2	N=93 Study 1: 7 days (3 visits) Study 2: 1 day	Primary: Overall ocular discomfort Secondary: Ocular burning/stinging, foreign-body sensation, tearing, photophobia, tolerability	Primary: Overall ocular discomfort was significantly lower with pemirolast than cromolyn (<i>P</i> =0.001), ketorolac (<i>P</i> <0.001), and nedocromil (<i>P</i> <0.001). Secondary: Burning/stinging and tearing were significantly lower with pemirolast than cromolyn and nedocromil (all <i>P</i> <0.05). Foreign body sensation was also significantly lower with pemirolast than nedocromil (<i>P</i> <0.05). There were no significant differences in photophobia between treatment groups. No notable differences were found in the incidence of adverse events





Study and Drug Regimen	Study Design and Demographics	Sample Size and Study Duration	End Points	Results
contralaterally one time				between treatment groups (P values not reported).
only (1 visit)				

^{*}Agent not available in the United States.

Miscellaneous abbreviations: IOL=intraocular lens, Nd:YAG= neodymium-doped yttrium aluminum garnet, OCGA=ocular comfort grading assessment, OCT=optical coherence tomography, PGE2=prostaglandin E2, PH/MS=photon count per millisecond, SD=standard deviation, SOIS=summed ocular inflammation score, VAS=visual analog scale





Drug regimen abbreviations: BID=twice daily, PM=evening, QD=once daily, QID=four times daily, TID=three times daily

Study abbreviations: AC=active control, CI=confidence interval, DB=double-blind, IOP=intraocular pressure, MC=multicenter, NSAID=nonsteroidal anti-inflammatory drug, OL=open label, OS=observational study, PC=placebo-controlled, PG=parallel group, PRO=prospective, RCT=randomized controlled trial, RR=relative risk, SB=single blind, SC=single center, SR=systematic review, XO=cross over

Special Populations

Table 4. Special Populations⁵⁻¹⁴

Generic			and Precaution		
Name	Elderly/Children	Renal Dysfunction	Hepatic Dysfunction	Pregnancy Category	Excreted in Breast Milk
Bromfenac sodium	No evidence of overall differences in safety or efficacy observed between elderly and younger adult patients.	Not reported	Not reported	C*	Use with caution.
	Safety and efficacy have not been established in patients <18 years of age.				
Diclofenac sodium	No evidence of overall differences in safety or efficacy observed between elderly and younger adult patients. Safety and efficacy have not been established in pediatric patients.	Not reported	Not reported	C*	Unknown; use caution.
Flurbiprofen sodium	No evidence of overall differences in safety or efficacy observed between elderly and younger adult patients. Safety and efficacy have not been established in pediatric patients.	Not reported	Not reported	C*	Unknown; use caution.
Ketorolac tromethamine	No evidence of overall differences in safety or efficacy observed between elderly and younger adult patients. Safety and efficacy have not been established in patients <2 (0.5%) or <3 (0.4%)	Not reported	Not reported	C*	Unknown; use caution.
Nepafenac	years of age. No evidence of overall differences in safety or efficacy observed between elderly and younger adult patients. Safety and efficacy	Not reported	Not reported	C*	Unknown; use caution.



Generic	Population and Precaution				
Name	Elderly/Children	Renal Dysfunction	Hepatic Dysfunction	Pregnancy Category	Excreted in Breast Milk
	have not been established in patients <10 years of age.				

^{*}Use during late pregnancy should be avoided because of the known effects of prostaglandin biosynthesis-inhibiting drugs on the fetal cardiovascular system (closure of ductus arteriosus).

Adverse Drug Events

Table 5. Adverse Drug Events (%)⁵⁻¹⁴

Adverse Event(s)	Bromfenac Sodium	Diclofenac Sodium	Flurbiprofen Sodium	Ketorolac Tromethamine	Nepafenac
Cardiovascular					
Facial edema	-	≤3	-	-	-
Hypertension	-	-	-	-	1 to 4
Central Nervous System	<u>'</u> 1	•			
Fever	-	≤3	-	-	-
Headache	2 to 7	≤3	-	✓*, 1 to 5 [†] , 1 to 6 [‡]	1 to 4
Insomnia	-	≤3	-	-	-
Pain	-	≤3	-	-	-
Gastrointestinal	•				
Abdominal pain	-	≤3	-	-	-
Nausea	-	≤3	-	-	1 to 4
Vomiting	-	≤3	-	-	1 to 4
Musculoskeletal	•	•			
Pain	-	≤3	-	-	-
Weakness	-	≤3	-	-	-
Ophthalmic	•	•			
Abnormal sensation	2 to 7	-	-	-	5 to 10
Abnormal vision	-	5	-	✓ * [†] , 1 to 6 [‡]	5 to 10
Allergy	_	5	-	-	_
Bleeding of ocular tissues during ocular surgery	-	-	~	-	-
Blurred vision	3 to 8§	_	-	-	_
Capsular opacity	-	_	_	-	5 to 10
Conjunctival edema	_	_	-	-	1 to 5
Conjunctival hyperemia	2 to 7	_	~	1 to 5 [†] , 1 to 6 [‡]	1 to 5
Conjunctivitis	-	5	-	-	-
Corneal deposits	_	5	_	1 to 5 [†]	_
Corneal edema	-	5	-	1 to 10* [†] , 1 to 6 [‡]	1 to 5
Corneal erosion	~	~	-	✓	-
Corneal infiltrates	-	~	-	✓ *, 1 to 5 [†]	-
Corneal lesions	-	5	-	-	-
Corneal opacity	_	5	-	-	-
Corneal perforation	~	~	_	✓	_
Corneal thinning	~	~	_	✓	_
Corneal ulceration	_	~	_	✓ *	_
Discharge	_	5	-	_	_



Adverse Event(s)	Bromfenac Sodium	Diclofenac Sodium	Flurbiprofen Sodium	Ketorolac Tromethamine	Nepafenac
Dry eye	-	-	-	~	1 to 5
Edema	-	-	-	1 to 5 [†]	-
Epithelial breakdown	~	~	-	✓	-
Eyelid swelling	-	5	-	-	-
Fibrosis	-	-	✓	-	-
Hyphema	-	-	✓	-	-
Infection	-	5	-	1 to 10	-
Inflammation	3 to 8§	-	-	1 to 10	-
Intraocular pressure increased	-	15	-	1 to 6 [‡]	5 to 10
Iritis	2 to 7	5	-	1 to 10	-
Irritation	2 to 7	5	~	1 to 10	1 to 5
Keratitis	-	28	-	-	-
Lacrimation	-	30	-	1 to 6 [‡]	1 to 5
Lid margin crusting	-	-	-	-	1 to 5
Miosis	-	-	~	-	-
Mydriasis	-	-	✓	-	-
Pain	2 to 8	-	-	1 to 10 [†] , 1 to 6 [‡]	1 to 5
Photophobia	3 to 8§	-	-	-	1 to 5
Pruritus	2 to 7	5	✓	-	1 to 5
Redness	2 to 7	-	-	-	ı
Superficial keratitis	-	~	-	1 to 10	ı
Transient burning/stinging	2 to 7	15	✓	40* ^{,‡} , 20 to 40 [†]	-
Vitreous detachment	-	-	-	-	1 to 5
Other					
Allergic reaction	-	-	-	1 to 10	1 to 10
Viral infection		≤3		-	-
Respiratory					
Asthma exacerbation	-	-	-	* *	-
Bronchospasm	-	-	-	✓ *	-
Rhinitis	-	≤3	-	-	-
Sinusitis	-	-	-	-	1 to 4

Contraindications

Table 6. Contraindications 5-14

Contraindication	Bromfenac Sodium	Diclofenac Sodium	Flurbiprofen Sodium	Ketorolac Tromethamine	Nepafenac
Hypersensitivity to any component of the product	-	•	•	•	>
Hypersensitivity to any nonsteroidal anti-inflammatory drug	-	-	-	-	,





[✓] Percent not specified.
-Not reported or incidence <1%.

^{*}Ketorolac tromethamine 0.5%. †Ketorolac tromethamine 0.4%.

[‡]Ketorolac tromethamine 0.45%. §Bromfenac 0.07%.

Warnings/Precautions

Table 7. Warnings and Precautions⁵⁻¹⁴

Warning/Precaution	Bromfenac Sodium	Diclofenac Sodium	Flurbiprofen Sodium	Ketorolac Tromethamine	Nepafenac
Cross-sensitivity; caution should be used in patients who have exhibited sensitivity to acetylsalicylic acid, phenylacetic acid derivatives or other nonsteroidal anti-inflammatory drugs (NSAIDs)	*	•	*	~	-
Contact lenses; do not administer while wearing contact lenses	>	-	-	~	~
Corneal adverse events; post-marketing experience suggests that topical NSAID use for more than 24 hours prior to surgery or use beyond 14 days following surgery may increase the risk of corneal adverse events	-	•	-	•	•
Increased bleeding time; topically applied NSAIDs may cause increased bleeding of ocular tissues (including hyphemas) in conjunction with ocular surgery due to interference with platelet aggregation	>	•	>	•	•
Keratitis and corneal reactions; use of topical NSAIDs may result in keratitis in susceptible patients; continued use of topical NSAIDs may result in epithelial breakdown, corneal thinning, corneal erosion, corneal ulceration or corneal perforation, which may be sight-threatening	•	•	-	•	•
Slow or delayed healing; all topical NSAIDs may slow or delay healing	>	•	•	•	~



Warning/Precaution	Bromfenac Sodium	Diclofenac Sodium	Flurbiprofen Sodium	Ketorolac Tromethamine	Nepafenac
Sulfite allergic reaction; anaphylactic symptoms and life- threatening or less severe asthmatic episodes in certain susceptible people have been reported	•	-	-	-	-

Drug Interactions

Due to limited systemic absorption with ophthalmic nonsteroidal anti-inflammatory drugs (NSAIDs), drug interactions with other topical ophthalmic agents and systemically absorbed agents have not been fully investigated. Although clinical and animal studies have revealed no interference, acetylcholine chloride and carbachol have reportedly been ineffective when used in patients treated with ophthalmic flurbiprofen sodium. ⁵⁻¹⁴

Some ophthalmic NSAIDs have been shown to be safe when administered with other ophthalmic agents. Ophthalmic formulations of ketorolac tromethamine and nepafenac may be administered in conjunction with ophthalmic formulations of beta blockers, carbonic anhydrase inhibitors, cycloplegics and mydriatics. Ophthalmic ketorolac tromethamine may also be administered with ophthalmic antibiotics and ophthalmic nepafenac has been safely given with ophthalmic alpha-agonists. ⁵⁻¹⁴

Dosage and Administration

Table 8. Dosing and Adminsitration⁵⁻¹⁴

Generic Name	Adult Dose	Pediatric Dose	Availability
Bromfenac sodium	Treatment of pain and inflammation associated with cataract surgery: Ophthalmic solution (Bromday®): Instill one drop into affected eye(s) once daily, beginning one day prior to surgery, continued on the day of surgery and through the first 14 days following surgery	Safety and efficacy have not been established in patients <18 years of age.	Ophthalmic solution: 0.09% (1.7 mL, 2.5 mL, 5 mL) 0.07% (1.6 mL, 3 mL)
	Ophthalmic solution (Prolensa® 0.07%): Instill one drop into affected eye(s) once daily, beginning one day prior to surgery, continued on the day of surgery and through the first 14 days following surgery		
	Ophthalmic solution (Xibrom®): Instill one drop into affected eye(s) twice daily, beginning one day prior to surgery, continued on the day of surgery and through the first 14 days following surgery		
Diclofenac sodium	Treatment of postoperative inflammation in patients who have undergone cataract extraction: Ophthalmic solution: Instill one drop into affected eye(s) four times daily, beginning one day following cataract surgery, continued	Safety and efficacy have not been established in pediatric patients.	Ophthalmic solution: 0.1% (2.5 mL, 5 mL)





Generic Name	Adult Dose	Pediatric Dose	Availability
Name	through the first 14 days following surgery		
	Temporary relief of pain and photophobia in patients undergoing corneal refractive surgery: Ophthalmic solution: Instill one or two drops into affected eye(s) within one hour prior to surgery, then one or two drops within 15 minutes following surgery, followed by one to two drops four times daily for up to three days		
Flurbiprofen sodium	Inhibition of intraoperative miosis: Ophthalmic solution: Instill one drop into affected eye(s) every 30 minutes for a total of four drops beginning two hours prior to surgery	Safety and efficacy have not been established in pediatric patients.	Ophthalmic solution: 0.03% (2.5 mL)
Ketorolac tromethamine	Treatment of pain and inflammation associated with cataract surgery: Ophthalmic solution (0.45%): Instill one drop into affected eye(s) twice daily, beginning one day prior to surgery, continued on the day of surgery and through the first 14 days following surgery Ophthalmic solution (0.5%): Instill one drop into affected eye(s) four times daily, beginning one day following cataract surgery, continued through the first 14 days following surgery Reduction of ocular pain and burning/stinging following corneal refractive surgery: Ophthalmic solution (0.4%): Instill one drop into affected eye(s) four times daily as needed for up to four days following surgery Temporary relief of ocular itching due to seasonal allergic conjunctivitis: Ophthalmic solution (0.5%): Instill one drop into	Safety and efficacy have not been established in patients <2 (0.5%) or <3 (0.4%) years of age.	Ophthalmic solution: 0.4% (5 mL) 0.45% (0.4 mL single-use vials in package of 30) 0.5% (5 mL)
Nepafenac	affected eye(s) four times daily Treatment of pain and inflammation associated with cataract surgery: Ophthalmic solution (0.1%): Instill one drop into affected eye(s) three times daily, beginning one day prior to surgery, continued on the day of surgery and through the first 14 days following surgery Ophthalmic solution (0.3%): Instill one drop into affected eye(s) once daily, beginning one day prior to surgery, continued on the day of surgery and through the first 14 days following surgery. An additional drop should be administered 30 to 120 minutes prior to	Safety and efficacy have not been established in patients <10 years of age.	Ophthalmic suspension: 0.1% (3 mL) 0.3% (1.7 mL)





Clinical Guidelines

Table 9. Clinical Guidelines

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Clinical Guideline	Recommendations				
American Academy of	Infection prophylaxis				
Ophthalmology:	Two emerging concerns are the increasing resistance of				
Preferred Practice Pattern: Cataract in the	Staphylococcus species (the most common cause of endophthalmitis)				
Adult Eye (2011) ¹⁷	to a broad spectrum of antibiotics, including the latest generation				
Addit Lye (2011)	fluoroquinolones, and the increased occurrence of acute endophthalmitis more than a week after surgery.				
	 Prophylactic strategies that have been used include applying topical 				
	antibiotic eye drops before surgery, applying 5% povidone iodine to the conjunctival cul de sac, preparing the periocular skin with 10% povidone iodine, careful sterile draping of the eyelid margins and eyelashes, adding antibiotics to the irrigating solution, instilling intracameral antibiotics at the close of surgery, injecting				
	subconjunctival antibiotics and applying topical antibiotic eye drops after surgery.				
	Because of the lack of and impracticality of sufficiently large				
	prospective clinical trials, there is insufficient evidence to recommend a				
	specific antibiotic drug or method of delivery for endophthalmitis prophylaxis.				
	Systemic antibiotics are rarely used; however, it has been shown that				
	certain oral fluoroquinolone antibiotics penetrate the blood/ocular				
	barrier adequately to reach levels above the minimum inhibitory				
	concentrations for many organisms inside the eye, and oral antibiotics				
	that penetrate well into the eye may be beneficial.				
	Postoperative follow-up				
	 Postoperative regimens of topically applied antibiotics, corticosteroids and nonsteroidal anti-inflammatory drugs (NSAIDs) vary among practitioners. 				
	No controlled investigations establish optimal regimens for the use of topical agents.				
	The operating surgeon is responsible for making the decision whether				
	to use any or all of the topical products singly or in combination.				
	Complications of postoperative medications include elevated				
	intraocular pressure with corticosteroids and allergic reactions to				
	antibiotics. Significant corneal reactions, including epithelial defects and stromal ulceration and melting, have rarely been reported with				
	topical NSAIDs.				
	Cystoid macular edema				
	Topical anti-inflammatory agents are used in an attempt to reduce the				
	inflammatory response to cataract surgery and to treat established				
	cystoid macular edema.				
	There is evidence that topically applied NSAIDs alone or in combination with corticosteroids is more effective than topical corticosteroids alone in preventing and treating cystoid macular				
	edema.				
American Optometric Association: Care of the Adult	A combination of topical and oral anti-glaucoma, antibiotic and anti-inflammatory medications may be administered to the patient before, during and after an operation.				
Patient with Cataract	Topical corticosteroids may be used to suppress inflammation				
	- ropical continuosterolas may be used to suppress illiamination				





Clinical Guideline	Recommendations
(2004) ¹⁸	associated with cataract surgery.
(200.)	To control inflammation associated with anterior uveitis, topical corticosteroids such as prednisolone acetate 1% may be used every two to four hours depending on the degree of inflammation.
American Academy of	
American Academy of Ophthalmology: Preferred Practice Pattern: Refractive Errors and Refractive Surgery (2012) ⁵⁸	 Surface ablation techniques Topical antibiotics are administered to minimize the risk of postoperative infection. Topical corticosteroids are generally started immediately after surgery and tapered over a period of days to weeks, and sometimes months. If corticosteroid treatment is prolonged, the intraocular pressure should be monitored. Although postoperative pain may be reduced by the use of a bandage, contact lens and NSAID drops, patients may still require prescription oral analgesics. Since NSAID drops may delay corneal epithelialization, they should be applied judiciously. Sterile corneal infiltrates associated with the use of NSAID drops without the concomitant use of topical corticosteroids have been described. Periodic examinations are necessary to monitor ocular status and to check for corticosteroid-related side effects such as elevated
American Academy of	 Laser in situ keratomileusis Topical antibiotics are administered to minimize the risk of postoperative infection. Corticosteroids are generally used for a short time postoperatively. Frequent lubrication is recommended in the postoperative period. Symptoms of post-laser in situ keratomileusis epitheliopathy (reduced best corrected visual acuity, fluctuating vision, foreign-body sensation and discomfort) typically improve with time, but in certain cases they may persist for months or years. Supplemental lubrication, topical cyclosporine eye drops and punctal occlusion may be helpful in such cases. Diffuse lamellar keratitis is a noninfectious aggregation of inflammatory cells, and treatment is commonly guided by the severity of the inflammation. Increasing the frequency of topical corticosteroid administration with a closer follow-up is practiced by most surgeons.
Ophthalmology: Preferred Practice Pattern: Conjunctivitis (2011) ⁵⁹	 Treatment of conjunctivitis is ideally directed at the root cause. Indiscriminate use of topical antibiotics or corticosteroids should be avoided because antibiotics can induce toxicity, and corticosteroids can potentially prolong adenoviral infections and worsen herpes simplex virus infections. Treat mild allergic conjunctivitis with an over-the-counter (OTC) antihistamine/vasoconstrictor or second-generation topical histamine H₁-receptor antagonist. The guideline does not give preference to one OTC antihistamine/vasoconstrictor or antihistamine vs another. The guideline does not address the role of prescription vasoconstrictors in the management of allergic conjunctivitis. If the condition is frequently recurrent or persistent, use mast-cell stabilizers. The guideline does not give preference to one mast-cell stabilizer vs another.





Clinical Guideline	Recommendations
	 Medications with antihistamine and mast-cell stabilizing properties may be utilized for either acute or chronic disease. The guideline does not give preference to one antihistamine/mast-cell stabilizer vs another. If the symptoms are not adequately controlled, a brief course (one to two weeks) of low-potency topical corticosteroid may be added to the regimen. The lowest potency and frequency of corticosteroid administration that relieves the patient's symptoms should be used. Ketorolac, an NSAID, is also Food and Drug Administration (FDA)-approved for the treatment of allergic conjunctivitis. Additional measures include allergen avoidance and using cool compresses, oral antihistamines and artificial tears, which dilute
	 allergens and treat coexisting tear deficiency. Frequent clothes washing and bathing before bedtime may also be helpful. Consultation with an allergist or dermatologist may be helpful for patients with disease that cannot be adequately controlled with topical medications and oral antihistamines.
	Vernal/atopic conjunctivitis
	 General treatment measures include modifying the environment to minimize exposure to allergens or irritants and using cool compresses and ocular lubricants. Topical and oral antihistamines and topical mast-cell stabilizers may be beneficial in maintaining comfort. For acute exacerbations, topical corticosteroids are usually necessary to control severe symptoms. The minimal amount of corticosteroid should be used based on patient response and tolerance. Topical cyclosporine is effective as adjunctive therapy to reduce the amount of topical corticosteroid used to treat severe atopic keratoconjunctivitis. For entities such as vernal keratoconjunctivitis, which may require repeat short-term therapy with topical corticosteroid, patients should be informed about potential complications of corticosteroid therapy, and general strategies to minimize corticosteroid use should be discussed.
	 For severe sight-threatening atopic keratoconjunctivitis that is not responsive to topical therapy, systemic immunosuppression may be warranted. Eyelid involvement may be treated with pimecrolimus or tacrolimus. Patients should be told to keep these medications away from the conjunctival and corneal surface and from the tear film. Both agents are rarely associated with the development of skin cancer and lymphoma. Frequency of follow-up visits is based on the severity of disease presentation, etiology and treatment. Consultation with a dermatologist is often helpful. If corticosteroids are prescribed, baseline and periodic measurement of intraocular pressure and papillary dilation should be performed to evaluate for glaucoma and cataract(s).
	 Mild bacterial conjunctivitis Mild bacterial conjunctivitis may be self-limited and resolve spontaneously without treatment in immunocompetent adults. Ophthalmic antibacterial therapy is associated with earlier clinical and microbiological remission compared to placebo at days two to five of treatment. The advantages persist over six to 10 days, but the benefit over placebo lessens over time.





Clinical Guideline	Recommendations
	The choice of ophthalmic antibiotic is usually empirical.
	A five to seven day course of ophthalmic broad-spectrum antibiotic is
	usually effective.
	The most convenient or least expensive option can be selected.
	Severe bacterial conjunctivitis
	Severe bacterial conjunctivitis is characterized by copious purulent
	discharge, pain and marked inflammation of the eye.
	The choice of ophthalmic antibiotic is guided by the results of
	laboratory tests.
	Methicillin-resistant Staphylococcus aureus (MRSA) has been isolated
	with increasing frequency from patients with bacterial conjunctivitis.
	Many MRSA organisms are resistant to commercially available
	ophthalmic antibiotics.
	Systemic antibiotic therapy is necessary to treat conjunctivitis due to Neisseria gonorrhoeae and Chlamydia trachomatis.
	If corneal involvement is present, the patient should also be treated
	topically for bacterial keratitis.
	Herpes simplex virus conjunctivitis
	Topical and/or oral antiviral treatment is recommended for herpes simple.
	virus conjunctivitis to prevent corneal infection.
	Possible options include topical ganciclovir 0.15% gel applied three to fix
	times per day, trifluridine 1% solution applied five to eight times per day,
	or oral acyclovir 200 to 400 mg administered five times per day.
	Oral valacyclovir and famciclovir also can be used.
	Topical antiviral agents may cause toxicity if used for more than two weeks.
	Topical corticosteroids potentiate herpes simplex virus infection and
	should be avoided.
	Follow-up care management within one week of treatment is advised and
	should include an interval history, visual acuity measurement, and slit-
	lamp biomicroscopy.
	Neonates require prompt consultation with the pediatrician or primary Neonates require prompt consultation with the pediatrician or primary Neonates require prompt consultation with the pediatrician or primary Neonates require prompt consultation with the pediatrician or primary Neonates require prompt consultation with the pediatrician or primary Neonates require prompt consultation with the pediatrician or primary Neonates require prompt consultation with the pediatrician or primary Neonates require prompt consultation with the pediatrician or primary Neonates require prompt consultation with the pediatrician or primary Neonates require prompt consultation with the pediatrician or primary Neonates require prompt consultation with the pediatrician or primary Neonates require prompt consultation with the pediatrician or primary Neonates require prompt consultation with the pediatrician or primary Neonates require prompt consultation with the pediatrician or primary Neonates require prompt consultation with the pediatrician or primary Neonates require prompt consultation with the pediatrician or primary prompt consultation with the pediatrician or primar
	care physician, because systemic herpes simplex virus infection is a life-threatening condition.
American Optometric	Allergic conjunctivitis (includes atopic keratoconjunctivitis, simple allergic
Association:	conjunctivitis, seasonal or perennial conjunctivitis and vernal conjunctivitis)
Optometric Clinical	The treatment of allergic conjunctivitis is based upon identification of
Practice Guideline:	specific antigens and elimination of specific pathogens, when practical,
Care of the Patient With	and upon the use of medications that decrease or mediate the immune
Conjunctivitis (2007) ⁶⁰	response. The use of supportive treatment, including unpreserved
	lubricants and cold compresses, may provide symptomatic relief.
	The following agents are useful in treating allergic conjunctivitis: The following agents are useful in treating allergic conjunctivitis: The following agents are useful in treating allergic conjunctivitis:
	topical corticosteroids (numerous products listed),
	vasoconstrictors/antihistamines (specific products not listed), antihistamines (azelastine, emedastine and levocabastine*), NSAIDs
	(ketorolac), mast cell stabilizers (cromolyn, lodoxamide, nedocromil
	and pemirolast), antihistamines/mast cell stabilizers (ketotifen and
	olopatadine) and immunosuppressants; and systemic
	immunosuppressants and antihistamines.
	Topical corticosteroids are effective in relieving the acute symptoms of





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Clinical Guideline	Recommendations
	allergy; however, their use should be limited to the acute suppression of symptoms because of the potential for adverse side effects with prolonged use (e.g., cataract formation and elevated intraocular pressure).
	 Topical vasoconstrictors/antihistamines cause vascular constriction, decrease vascular permeability and reduce ocular itching by blocking histamine H₁ receptors. The guideline does not address the role of prescription vasoconstrictors in the management of allergic conjunctivitis.
	Topical antihistamines competitively bind with histamine receptor sites and reduce itching and vasodilation. Azelastine, emedastine and levocabastine* are effective in reducing the symptoms of allergic conjunctivitis, and emedastine may be more efficacious than levocabastine*.
	Topical diclofenac and ketorolac, which are both NSAIDS, are effective in reducing the signs and symptoms associated with allergic conjunctivitis, although only ketorolac is FDA approved for this indication.
	 Nedocromil, an effective treatment for seasonal allergic conjunctivitis, is more effective than cromolyn (2%[†]) in treating vernal conjunctivitis. Nedocromil was less effective than fluorometholone in treating severe vernal keratoconjunctivitis but has fewer side effects. Lodoxamide has demonstrated a greater improvement in the signs and symptoms of allergic eye disease, including vernal keratoconjunctivitis, than cromolyn (2[†] or 4%). Pemirolast has FDA approval as a treatment to relieve (to prevent) itching associated with allergic conjunctivitis.
	• Ketotifen and olopatadine are selective histamine H ₁ -receptor antagonists that also have mast cell stabilizing properties. Olopatadine may be more effective than other mast cell stabilizing agents in targeting the subtype of mast cell found in the conjunctiva. Compared to ketorolac or ketotifen, olopatadine is more effective in relieving the itching and redness associated with acute allergic conjunctivitis.
	Systemically administered cyclosporine may be an effective treatment for patients with severe atopic keratoconjunctivitis. Topical cyclosporine is an alternative to topical corticosteroids for treatment of patients with severe atopic keratoconjunctivitis. Topical cyclosporine may also be beneficial in patients with vernal keratoconjunctivitis who have failed conventional therapy.
	 Systemic antihistamines are useful when the allergic response is associated with lid edema, dermatitis, rhinitis or sinusitis. They should be used with caution because of the sedating and anticholinergic effects of some first-generation antihistamines. Newer antihistamines are much less likely to cause sedation, but their use may result in increased ocular surface dryness.
	 Viral conjunctivitis Most viral conjunctivitis is related to adenoviral infection; however, no antiviral agent has been demonstrated to be effective in treating these infections. Topical NSAID therapies have shown no benefit in reducing viral
	replication, decreasing the incidence of sub-epithelial infiltrates, or alleviating symptoms. Topical antibiotics are not routinely used to treat viral conjunctivitis,





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Clinical Guideline	Recommendations
	 unless there is evidence of secondary bacterial infection. The treatment of herpes simplex conjunctivitis may include the use of antiviral agents such as trifluridine, although there is no evidence that this therapy results in a lower incidence of recurrent disease or keratitis. Supportive therapy, including lubricants and cold compresses, which may be as effective as antiviral drugs, eliminates the potential for toxic side effects.
	Topical steroids are specifically contraindicated for treating herpes simplex conjunctivitis.
American Academy of Ophthalmology: Preferred Practice Pattern: Blepharitis (2011) ⁶¹	 simplex conjunctivitis. There is insufficient evidence to make definitive recommendations for the treatment of blepharitis, and cure is not possible in most cases. Treatments that are helpful include the following: Warm compresses. Eyelid hygiene. Antibiotics (topical and/or systemic). Ophthalmic anti-inflammatory agents (e.g., corticosteroids, cyclosporine). These treatment options are often used in combination. Eyelid hygiene is especially useful for anterior blepharitis, and warm compresses are especially useful for posterior blepharitis. Optimal treatment regimens often require a trial and error approach. An ophthalmic antibiotic ointment such as ophthalmic bacitracin or ophthalmic erythromycin can be prescribed and applied on the eyelid margins one or more times daily or at bedtime for one or more weeks. The frequency and duration of treatment should be guided by the severity of the blepharitis and response to treatment. In severe cases or for patients who do not tolerate ointment, metronidazole gel applied to the eyelid skin is an alternative treatment, although it has not been approved by the FDA for this indication. The combination of tobramycin/dexamethasone ophthalmic suspension and azithromycin in a sustained-release system has been evaluated and appears to reduce some of the symptoms of blepharitis, but its use for this indication has not been approved by the FDA. For patients with meibomian gland dysfunction, whose chronic signs and symptoms are not adequately controlled with eyelid hygiene, an oral tetracycline can be prescribed. Macrolide antibiotics also have anti-inflammatory activity. Treatments can be intermittently discontinued and reinstated, based on the severity of the patient's blepharitis and tolerance for the medication, and to allow re-colonization of normal flora. Ophthalmic corticosteroid eye drops or ointments are typically applied sever
	minimized by using a site-specific ophthalmic corticosteroid such as ophthalmic loteprednol etabonate and ophthalmic corticosteroids with





Clinical Guideline	Recommendations
	limited ocular penetration, such as ophthalmic fluorometholone.
	Topical cyclosporine may be helpful in some patients with posterior blepharitis.
	 Artificial tears may improve symptoms when used as an adjunct to eyelid hygiene and medications. If used more than four times per day,
	non-preserved tears should be used to avoid preservative toxicity.
American Academy of	Initial treatment
Ophthalmology: Preferred Practice	Ophthalmic antibiotic eye drops are the preferred method of treatment in most cases of bacterial keratitis.
Pattern: Bacterial Keratitis (2011) ⁶²	Ophthalmic ointments may be useful at bedtime in less severe cases and may be useful for adjunctive therapy.
	Ophthalmic broad-spectrum antibiotics are used initially in the empiric treatment of bacterial keratitis.
	The recommended ophthalmic empiric treatments include: No organism identified or multiple types of organisms: ophthalmic cefazolin sodium (with gentamicin sulfate or tobramycin) or ophthalmic fluoroquinolones (fewer gram-positive cocci are resistant to gatifloxacin and moxifloxacin hydrochloride than other
	fluoroquinolones). o Gram-positive cocci: ophthalmic cefazolin sodium, vancomycin (for resistant <i>Enterococcus</i> and <i>Staphylococcus</i> species and penicillin allergy), ophthalmic bacitracin (for resistant <i>Enterococcus</i> and <i>Staphylococcus</i> species and penicillin allergy) or ophthalmic fluoroquinolones (fewer gram-positive cocci are resistant to gatifloxacin and moxifloxacin hydrochloride than other fluoroquinolones).
	 Gram-negative rods: ophthalmic formulations of tobramycin or gentamicin sulfate, ceftazidime or fluoroquinolones. Gram-negative cocci: ophthalmic ceftazidime, ceftriaxone sodium or fluoroquinolones (systemic therapy is necessary for suspected gonococcal infection). Nontuberculous mycobacteria: ophthalmic amikacin sulfate, azithromycin, clarithromycin or fluoroquinolones.
	 Nocardia: ophthalmic amikacin sulfate, sulfacetamide sodium or trimethoprim/sulfamethoxazole.
	Single-drug therapy using an ophthalmic fluoroquinolone has been shown to be as effective as combination therapy with ophthalmic antibiotics that are fortified by increasing their concentration over commercially available topical antibiotics. Ciprofloxacin 0.3%, ofloxacin 0.3% and levofloxacin 1.5% are FDA-approved for this indication. The fourth generation fluoroquinolones have not been approved for the treatment of bacteria keratitis; however, both agents have performed at least as well as standard therapy, fortified cefazolin/tobramycin combination therapy and potentially better than ciprofloxacin.
	Some pathogens (e.g., <i>Streptococci</i> , anaerobes) reportedly have variable susceptibility to ophthalmic fluoroquinolones, and the prevalence of resistance to fluoroquinolones appears to be increasing.
	Combination fortified-antibiotic therapy is an alternative to consider for
	severe infection and for eyes unresponsive to initial treatment.
	Treatment with more than one agent may be necessary for nontuberculous mycobacteria; infection with this pathogen has been reported in association with laser in situ keratomileusis.
	 MRSA has been isolated with increasing frequency from patients with





Clinical Guideline	Recommendations
	 bacterial keratitis and has been reported following kerato-refractive surgery. Ophthalmic fluoroquinolones are generally poorly effective against MRSA ocular isolates. MRSA isolates are generally sensitive to ophthalmic vancomycin. Systemic antibiotics are rarely needed, but they may be considered in severe cases where the infectious process has extended to adjacent tissues (e.g., the sclera) or when there is impending or frank perforation of the cornea. Systemic therapy is necessary in cases of gonococcal keratitis.
	 Modification of therapy Efficacy of the regimen is judged primarily by clinical response. The results of cultures and sensitivity testing may have an impact on therapeutic decision making, especially if the patient is not responding to initial therapy. Dual antibiotic treatment designed to achieve broad-spectrum coverage may become unnecessary once the causative organism has been isolated. The initial therapeutic regimen should be modified (change in type, concentration or frequency of antibiotic) when the eye shows a lack of improvement or stabilization within 48 hours.
	Most antibiotic eye drops should not be tapered below three to four times a day, because low doses are sub-therapeutic and may increase the risk of developing antibiotic resistance.
	Corticosteroid therapy Ophthalmic corticosteroid therapy may have a beneficial role in treating some cases of infectious keratitis due to the probable suppression of inflammation, which may reduce subsequent corneal scarring and associated visual loss.
	 Potential disadvantages of ophthalmic corticosteroid use include infection reoccurrence, local immunosuppression, inhibition of collagen synthesis predisposing to corneal melting and increased intraocular pressure.
	There is no conclusive evidence that ophthalmic corticosteroids alter clinical outcome.
	 Despite risks involved, it is believed that sensible use of ophthalmic corticosteroids can reduce morbidity. Patients being treated with ophthalmic corticosteroids at the time of presentation of suspected bacterial keratitis should have their ophthalmic corticosteroid regimen reduced or eliminated until the infection has been controlled.
	Inflammation may temporarily increase as ophthalmic corticosteroids are reduced.
	The minimum amount of ophthalmic corticosteroid required should be used to achieve control of inflammation.
	Ophthalmic corticosteroids should not be part of initial treatment of presumed bacterial ulcers, and ideally, they should not be used until the organism has been determined by cultures. The organism has been determined by cultures.
	 The use of ophthalmic corticosteroids in the initial treatment of corneal ulcers has been determined to be a risk factor for requiring a penetrating keratoplasty. Ophthalmic antibiotics, which are generally administered more





Clinical Guideline	Recommendations
	 frequently than ophthalmic corticosteroids during treatment of active infection, are continued at high levels and tapered gradually. Patient compliance is essential; intraocular pressure must be monitored frequently, and the patient should be examined within one to two days after initiation of ophthalmic corticosteroid therapy.

^{*}Product is not available in the United States.

Conclusions

The currently available ophthalmic nonsteroidal anti-inflammatory drugs (NSAIDs) include bromfenac sodium (Bromday®, Prolensa®, Xibrom®), diclofenac sodium (Voltaren®), flurbiprofen sodium (Ocufen®), ketorolac tromethamine (Acular®, Acular LS®, Acuvail®) and nepafenac (Nevanac®, Ilevro®). The ophthalmic NSAIDs exert their anti-inflammatory activity primarily by nonselective inhibition of cyclooxygenase-1 and cyclooxygenase-2 enzymes. These agents are Food and Drug Administration (FDA)-approved for various non-infectious ocular conditions including management of pain and inflammation following cataract and corneal refractive surgeries, inhibition of intraoperative miosis and relief of ocular itching due to seasonal allergic conjunctivitis. Ophthalmic ketorolac is available in various strengths, including the original 0.5% formulation, the preservative free 0.45% formulation and a 0.4% formulation. Ophthalmic formulations of bromfenac sodium (Xibrom®), diclofenac sodium, flurbiprofen sodium and ketorolac tromethamine 0.4 and 0.5% are available generically. The twice-daily ophthalmic bromfenac sodium (Bromday®). Ophthalmic formulations of diclofenac sodium and ketorolac tromethamine 0.45% are the only ophthalmic NSAIDs that are formulated as preservative-free. Sodium and ketorolac tromethamine 0.45% are the only ophthalmic NSAIDs that are formulated as preservative-free.

The ophthalmic NSAIDs have been shown to be safe and effective in inhibiting intraoperative miosis, reducing postoperative inflammation and pain associated with cataract surgery, relieving pain and photophobia following corneal refractive surgery and relieving seasonal allergic conjunctivitis symptoms in placebo-controlled trials. Although not FDA-approved, there is evidence to support the use of ophthalmic NSAIDs for preventing or treating cystoid macular edema and for reducing pain associated with various other refractive surgeries. 45-50 The results of head-to-head trials comparing ophthalmic NSAIDs have not consistently demonstrated any one agent to be more efficacious than another for a given indication. 27-28,30,43,45,46,51,52,54 With regard to safety, not one agent was consistently reported to be better tolerated than another across trials, although there is some evidence that the preservative-free products may be associated with less ocular irritation. 40 Corneal complications have been reported to occur with all of the agents in the class and the risk does not appear to be higher with one agent vs another. Consensus guidelines established by the American Academy of Ophthalmology and the American Optometric Association recommend the use of topical NSAIDs for preventing and treating cystoid macular edema due to cataract surgery. Available evidence suggests that ophthalmic NSAIDs either alone or in combination with ophthalmic corticosteroids are more effective than ophthalmic corticosteroids alone. The ophthalmic NSAIDs are not associated with an increase in intraocular pressure, which may occur with the use of corticosteroids. 17,18





[†]Cromolyn 4% but not 2% is available in the United States. The concentrations of cromolyn that were used in the original clinical studies are noted in this table.

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