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# Long Term Services and Supports Kirsten Coulombe, Chief



- Overview of Long Term Services and Supports programs
- Upcoming changes to policy and procedures
- Overview of the Electronic Visit Verification system
- Contact Information

**Transportation:** Non-emergency transportation is an important benefit to get individuals to and from medical appointments who have no means of transportation. This allows individuals access to not only critical medical appointments, but also preventative care to avoid more costly care later.

**Personal Care Services:** For individuals requiring assistance with activities of daily living, such as bathing, dressing, grooming, using the bathroom, transferring, ambulation, and meal preparation, inhome personal care services may provide the appropriate supports.

Adult Day Health Care (ADHC): The goals of ADHC services are to safeguard the recipient's safety and wellbeing, to maintain and/or enhance his/her quality of life, to improve and maintain the recipient's level of functioning, and to lessen any decline in functioning due to disease and/or the aging process while allowing the individual to remain in their home or with loved ones.

**Home Health:** Some individuals may experience a need for skilled services to remain in their home if they are chronically ill, disabled, or are recovering after a hospital stay. Services are provided by licensed professionals and may include skilled nursing, physical, occupational, speech, or respiratory therapy, and dietician services.

**Private Duty Nursing:** Private duty nursing can assist recipients with the need for complex direct skilled nursing care, to develop caregiver competencies through training and education, and to optimize recipient health status and outcomes while promoting community or family-centered care, rather than Institutionalization.

Nursing Facility/Intermediate Care Facility: These institutional/facility services are provided when a recipient can no longer be safely cared for within the home. The goal is always to have the recipient integrate back into the community safely.

**Hospice:** In some instances, individuals require the support and comfort when they or their family members desire end-of-life care. Hospice addresses the physical, emotional, and spiritual needs of the individual and family.



#### Home and Community Based Services

- 1915(i) State Plan Option
  - Adult Day Health Care
  - Habilitation
- 1915(c) Waivers
  - Frail Elderly
  - Physical Disability
  - Intellectual Disability
- Money Follows the Person Demonstration Grant



### Updates to LTSS Policy and Procedures

- Personal Care Services
- Private Duty Nursing
- Adult Day Health Care
- Behaviorally Complex Care Program in Nursing Facilities
- Money Follows the Person



#### Electronic Visit Verification System

- Section 1903(I)(5)(A) defines EVV as a system under which visits conducted as part of PCS and HH services are electronically verified with respect to:
  - Type of service performed
  - Individual receiving the service
  - Date, time duration and location of service delivery and
  - Individual providing the service.



## State Requirements

- Must seek stakeholder input
- Consider existing best practices and EVV systems in use in the state
- Ensure the opportunity for provider training
- Ensure the EVV system is minimally burdensome and HIPAA compliant
- Further, nothing in section 1903(I) can be construed to limit provider selection, to constrain beneficiaries' choice of caregiver, or to impede the way care is delivered.



## Implementation of EVV in Nevada

- Vendor selection
- Time Frame for provider training and go-live
- Congressional legislation updates

\*Independent project for PCA Enrollment



#### Questions and Correspondence for LTSS

- LTSS@dhcfp.nv.gov HH, PDN, Hospice, Nursing Facility including BCCP, ICF-ID
- <u>pcsprogram@dhcfp.nv.gov</u> PCS and EVV
- ADHC@dhcfp.nv.gov referrals for ADHC
- HCBS@dhcfp.nv.gov FE, PD and ID waivers