Psychotropic Agents for Children and Adolescents Ages 6 to 18

Submit request to: Fax: 855-455-3303
Purpose: For a prescribing physician to request prior authorization for a psychotropic agent for a recipient 6 to18. For the purpose of this form, psychotropic agents are: Antipsychotics, Antidepressants, Mood stabilizers (including lithium and anticonvulsants used for behavior health indications), Sedative hypnotics, Antianxiety Agents**. Intra-class polypharmacy** is defined as two or more agents within the same class. **Inter-class polypharmacy** is defined as four or more psychotropic agents across therapeutic classes within a 60-day time period. **Request only one drug per form.**
Questions: If you have questions, call the OptumRx Call Center for Nevada Medicaid at 855-455-3311

DATE OF REQUEST:

RECIPIENT INFORMATION

Name:	DOB:	Recipient ID:

PRESCRIBING PROVIDER INFORMATION

Name:	NPI:	Specialty:
Contact person for request:	Fax (required):	Phone:

REQUESTED DRUG

Drug Name:	Strength:	Dosage:	Duration:

☐ Medication is an anticonvulsant used to treat a seizure disorder – No further documentation required.
☐ The request is for **initiation of therapy** (recipient has not started therapy).
☐ The request is for **continuation of therapy.**
☐ The recipient is currently stabilized on the requested medication.
☐ Recipient was recently discharged (within 30 days) from an institutional facility on the requested medication; **if yes, document:** the name of the facility: __________________________________ and date of discharge: _________________

TREATMENT DIAGNOSIS

Diagnosis or Diagnosis Code (list ONE only):___________________________
☐ Peer-reviewed literature/citation has been included if the requested agent is not FDA-approved for the specific diagnosis.

PSYCHOTROPIC AGENTS CURRENTLY PRESCRIBED

Drug:	Treatment Diagnosis:	Target Symptom and/or side-effect:
_________________________	_____________________________	_______________________________________
_________________________	_____________________________	_______________________________________
_________________________	_____________________________	_______________________________________
_________________________	_____________________________	_______________________________________
_________________________	_____________________________	_______________________________________

POLYPHARMACY PRIOR AUTHORIZATION CRITERIA (Per MSM Chapter 1200)

A. Each requested agent must be independently treating a specific symptom and/or diagnosis.
For polypharmacy requests treating the same diagnosis; document the specific target symptom or side-effect:

Target symptoms:	☐ Psychosis	☐ Depression	☐ Anxiety	☐ Inattentiveness
	☐ Impulsivity	☐ Irritability	☐ Aggression	☐ Oppositional
Target side effects:	☐ Sedation	☐ Restlessness	☐ Other Dyskinesia	☐ Stiffness
	☐ Dystonia	☐ Tremor		

Other ☐ symptom or ☐ side-effect: ____

A. When medication used to **augment** the effect of another psychotropic for the same diagnosis, the recipient's medical record must clearly document the purpose of the poly-pharmacy.
Purpose: ____
B. Recipient will be cross-tapered with the requested agent with a 30-day cross-taper and the previously prescribed agent will be discontinued.
☐ **Agent to be discontinued**: ____
C. Multiple agents within the same class (Intra-class) - The recipient must have a trial of each individual medication alone.
☐ The recipient has inadequate response to monotherapy.
Justification for additional agent:____

ADDITIONAL INFORMATION

Please document any additional information for consideration *(intra-class polypharmacy or previous agents tried and failed):*

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PREFERRED DRUG LIST CRITERIA - *Required for requested agents that are non-preferred.*

A copy of the Preferred Drug List (PDL) can be found at: https://www.medicaid.nv.gov/providers/rx/pdl.aspx

☐ The recipient has allergy(ies) to ALL preferred medications; **document each reaction below.**

☐ The recipient has a contraindication(s) to ALL preferred medications; **document each contraindication below.**

☐ The recipient has a drug-to-drug interaction(s) with ALL preferred medications; **document each interaction below.**

☐ The recipient has had therapeutic failure with at least two preferred psychotropics or, if the request is for an antipsychotic, the recipient has had therapeutic failure with at least one preferred antipsychotic; **document each agent below.**

☐ The requested agent is being used for an indication which is unique to a non-preferred agent and is supported by peer-reviewed literature or an FDA-approved indication. Citation:______________________________

Document each agent from the above section or any other agents previously tried and failed.

Drug:	Reason:	Date(s) of Trial:
____________	____________	____________
____________	____________	____________
____________	____________	____________
____________	____________	____________
____________	____________	____________
____________	____________	____________
____________	____________	____________
____________	____________	____________

COVERAGE AND LIMITATIONS *(Per MSM Chapter 1200)*

For all recipients 6 to 18 years old with intra-class and/or inter-class polypharmacy.

For All Requests:

A. When possible, the requested agent is prescribed by or in consultation with a child psychiatrist.
B. Recipient has a comprehensive treatment plan that addresses education, behavioral management, living home environment and psychotherapy.
C. The recipient will be monitored by the prescriber at least monthly (recipient is unstable).
D. The recipient will be monitored by the prescriber at least every three months (recipient is stable).

PROVIDER CERTIFICATION – *Prescriber's signature and date required.*

I hereby certify that this treatment is indicated and necessary and meets the guidelines for use as outlined by Nevada Medicaid.

Prescriber's Signature: ______________________________ **Date:** ______________

This authorization request is not a guarantee of payment. Payment is contingent upon eligibility, available benefits, contractual terms, limitations, exclusions, coordination of benefits and other terms and conditions set forth by the benefit program. The information on this form and on accompanying attachments is privileged and confidential and is only for the use of the individual or entities named on this form. If the reader of this form is not the intended recipient or the employee or agent responsible to deliver it to the intended recipient, the reader is hereby notified that any dissemination, distribution or copying of this communication is strictly prohibited. If this communication is received in error, the reader shall notify sender immediately and destroy all information received.